

47th Annual Emery C. Miller Medical Symposium

July 30–Aug. 3, 2018

Embassy Suites at Kingston Plantation
Myrtle Beach, S.C.



- Includes three hours of opioid lectures to help meet state medical board requirements.

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Purpose / Target Audience

This symposium is a review and update in primary care medicine intended for family physicians, internists and general practitioners. It also may be of value to physicians preparing for family medicine or internal medicine recertification examinations. Lectures are case based, and participants have the opportunity to actively participate using an audience-response system. The atmosphere is informal, and registrants are encouraged to participate in question-and-answer sessions.

Objectives

At the conclusion of this activity, participants should be better able to:

- Increase knowledge in opioid problem diagnosing and opioid prescribing guidance.
- Increase knowledge and awareness of infectious diseases and new treatment options.
- Describe new approaches to specific problems in geriatric care.
- Discuss cardiovascular outpatient procedure/tests including an overview and update.
- Describe Motivational Interviewing strategies that will improve patient outcomes.
- Discuss Diabetes and obesity in adolescents.

Accreditation

The Wake Forest School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

The Wake Forest School of Medicine designates this live activity for a maximum of 29.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Conflict of Interest Policy

It is the policy of Wake Forest School of Medicine to require disclosure of any significant financial interest or any other relationship a faculty member or planning committee member has with the manufacturer(s) of any commercial products or services discussed in an educational presentation. This information will be shared with all participants at the conference.

Dedication

Dr. Emery C. Miller Jr., Professor of Medicine (Endocrinology and Metabolism), retired in June 1989 after serving on the Bowman Gray School of Medicine faculty for 34 years. For 19 years, he served as Associate Dean for Continuing Education, and in 1972, he founded this CME activity. In addition, he was the original founding Northwest Area Health Education Center director. Dr. Miller passed away on Dec. 7, 2004.

Handouts

All course attendees will receive a printed handout and an electronic syllabus made available through an internet download (a pdf document, which requires Adobe Reader to view). You will be emailed the link to the electronic syllabus at least three days before the course.

Special Needs

Wake Forest School of Medicine adheres to the Americans with Disabilities Act. Please report to the Office of Continuing Medical Education at 336-713-7700 any special needs you may have for participation in or access to this educational activity.

Registration Fee

The registration fee for the symposium is \$595 until May 31, 2018. Those postmarked or received online between June 1, 2018, and July 15, 2018, will be \$695. Any registrations post-marked or received online after July 15, 2018 will be \$795. If out of fellowship/residency training three years or less or if you are a PA or NP, the registration fee will be \$595. This fee includes a continental breakfast, refreshment break each day for the registrant and a handout. The deadline for preregistration is July 15, 2018.

Cancellation Policy

Cancellations received in writing by July 15, 2018, will receive a refund minus a \$75 administrative fee. Refunds will not be available for cancellations received after this date.

Additional Information

Plan to join us next year for the 48th Annual Emery C. Miller Medical Symposium at the Embassy Suites-Kingston Plantation in Myrtle Beach, S.C., July 27–Aug. 5, 2019.

Attention Nurses!

Register for *4th Annual Riding the Wave* which is occurring simultaneously July 30–Aug. 2, 2018 at the Embassy Suites. Focus areas include: Forensic Evidence Collection for Nurses; Heart Failure: Care Through the Lifespan; Skin, Wound and Pressure Injury Update; Behavioral Health Integration. For additional information please visit www.nwahec.org/55010.

Join us this year for the 38th Annual Mountain Medical Meeting at the Grove Park Inn Resort and Spa in Asheville, N.C. from Oct. 26–28, 2018.

When planning for an educational activity, registration fees are not based on credit hours or agenda. Registration fees are based on expenses such as meeting room rentals, food, equipment, staff, etc., and are not adjusted by issues such as cancellation of speakers or other unforeseen circumstances. Every effort will be given to ensure the activity is a success.

Registering for and attending this program authorizes Northwest AHEC/Wake Forest School of Medicine to take pictures to be used for the Center's publications, website (including social media sites) and presentations.

For additional information, call Lisa Maurer at the Office of Continuing Medical Education at 336-713-7715, or email emaurer@wakehealth.edu.

AGENDA

Sunday, July 29, 2018

- 5 pm Pre-registration Opens
- 6 pm Pre-registration Ends

Monday, July 30, 2018

- 7:30 am Registration / Continental Breakfast (for participants only)
- 7:55 am Introductions / Announcements
- 8 am Transesophageal Echocardiography Karl Richardson
- 9 am Integrated Care Richard Lord
- 10 am Break
- 10:30 am Update in Stress Testing Karl Richardson
- 11:30 am Update on Required Health Maintenance Richard Lord
- 12:30 pm Adjourn

Tuesday, July 31, 2018

- 7:30 am Continental Breakfast (for participants only)
- 8 am Obesity in Adolescents/Young Adults Elizabeth Walsh
- 9 am Hepatitis C John Sanders
- 10 am Break
- 10:30 am Diabetes Update in Adolescents/Young Adults Elizabeth Walsh
- 11:30 am Antibiotics Update John Sanders
- 12:30 pm Adjourn

Wednesday, Aug. 1, 2018

- 7:30 am Continental Breakfast (for participants only)
- 8 am Treating Migraine: A Case Based Approach Rebecca Wells
- 9 am Outpatient Geriatric Assessment Kathryn Callahan
- 10 am Break
- 10:30 am Complementary and Integrative Medicine for Headaches Rebecca Wells
- 11:30 am Dementia Management Update Kathryn Callahan
- 12:30 pm Adjourn

Thursday, Aug. 2, 2018

- 7:30 am Continental Breakfast (for participants only)
- 8 am Traumatic Brain Injury Robin Hurley
- 9 am Legal Issues in Prescribing Opioids Ryan Finkenbine
- 10 am Break
- 10:30 am PTSD Robin Hurley
- 11:30 am Legal issues in Physician Documentation Ryan Finkenbine
- 12:30 pm Adjourn

Friday, Aug. 3, 2018

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|----------|---|-------------------|
| 6:45 am | Continental Breakfast (for participants only) | |
| 7:15 am | Bullying in Schools: How Can Primary Care Providers Help | Sebastian Kaplan |
| 8:15 am | Sports Physical (children, adults, and baby boomers) | Christopher Miles |
| 9:15 am | Break | |
| 9:30 am | Motivational Interviewing in Primary Care | Sebastian Kaplan |
| 10:30 am | Sports Injuries | Christopher Miles |
| 11:30 am | Adjourn | |

Wake Forest School of Medicine Faculty

Predrag V. Gligorovic, MD

Activity Director
Associate Professor
Psychiatry and Behavioral Medicine

Kathryn E. Callahan, MD, MS

Associate Professor and Vice-Chief
Gerontology and Geriatric Medicine
Office of Women in Medicine and Science

Robin Annette Hurley, MD

Professor, Psychiatry and Behavioral Medicine

Sebastian G. Kaplan, PhD

Associate Professor
Psychiatry and Behavioral Medicine
Department of Family and Community Medicine

Richard Lord, MD, MA

Professor and Chair
Department of Family and Community Medicine

Christopher Michael Miles, MD

Assistant Professor
Department of Family and Community Medicine
Biomedical Engineering

Karl M. Richardson, MD

Assistant Professor of Cardiology

John W. Sanders, MD, MPH & TM

Professor of Medicine
Chief, Sections on Infectious Diseases
Wake Forest University School of Medicine
W.G. Hefner VA Medical Center—Salisbury, NC

Elizabeth T. Walsh, MD

Assistant Professor, Pediatrics

Rebecca Erwin Wells, MD, MPH

Section Head, Headaches
Associate Professor, Neurology
Center for Integrative Medicine
Office of Women in Medicine and Science

Guest Faculty

Ryan Finkenbine, MD

Professor and Chair, Clinical Psychiatry
University of Illinois College of Medicine Peoria

Wake Forest School of Medicine Alumni Reception

The Wake Forest School of Medicine Office of Philanthropy and Alumni Relations cordially invites alumni and their guests to attend a reception in Myrtle Beach on Sunday, July 29 from 6:30–8 pm at the Kingston Plantation, Embassy Suites Lands End Meeting Room. Please RSVP to Angela Carleton by July 23. She can be contacted via email at abcarlet@wakehealth.edu or by phone, 336-716-3908.

Lunch & Learn Opportunities

Addressing Tobacco Use in Your Practice

July 30, 2018, 12:45 pm–2 pm / Cost \$20

Stephanie Gans, LCAS, LCSWA, Raleigh, N.C.

Your patients can quit tobacco successfully with a little support from you! This lecture and interaction-based course is designed to provide you with updates on tobacco and oral health—including smokeless tobacco, e-cigarettes and other emerging tobacco products—and help healthcare professionals address tobacco use with patients using a quick and easy format.

Buprenorphine Waiver Training*

Aug. 1–2, 2018, 12:45 pm–4:45 pm (*2-day, afternoon sessions, with both days required.)

Cost \$100

Ayman Fareed, MD, Medical Director, Mt. Sinai Wellness Center

Buprenorphine is one of three medications approved by the FDA for the treatment of opioid use disorder. Under the Drug Addiction Treatment Act of 2000 (DATA 2000), physicians are required to complete an eight-hour training to qualify for a waiver from the DEA to prescribe and dispense buprenorphine. This course will help physicians qualify to prescribe buprenorphine in an office setting. Participants must attend the entire eight hours and complete a test at the conclusion of the training to obtain their certificate.

Location and Lodging

Embassy Suites by Hilton Myrtle Beach Oceanfront Resort at Kingston Plantation

9800 Queensway Blvd., Myrtle Beach, SC 29572

Kingston Plantation featuring an Embassy Suites is a beautiful, 145-acre resort with freshwater lakes located on a half mile of beach in close proximity to all the “Grand Strand’s” many attractions. Accommodations include one-, two- or three-bedroom wooded or lakeview villas or oceanview/oceanfront condos or two-room suites in the oceanfront hotel that have a living-dining room with compact kitchen, luxurious bedroom, balcony and large bath. The rate for the Embassy oceanview suites includes a daily complimentary buffet breakfast and a manager’s reception (5:30 – 7:30 pm). This does not apply to the villas or condos. Rates will be honored three days pre- and post-conference. Recreation facilities include a 50,000-square-foot oceanside pool complex, a world-class sport and health club with racquetball and squash courts, aerobics and exercise rooms, sauna, Jacuzzi, indoor and outdoor pools, the Caribbean Family Water Playground and tennis courts.

Lodging Reservation Information

Room reservations must be received by June 29, 2018.

Group rate includes lodging dates from July 27th– Aug. 5th. Please make your reservation directly with the hotel as soon as possible because **the room block fills before the cutoff date.**

To make your reservation by phone, please call 800-876-0010, option 1 for Kingston Plantation Condos & Villas or option 2 for the Embassy Suites.

To make your reservation online, please click on the link below or copy the following website address into your browser:

http://embassysuites.hilton.com/en/es/groups/personalized/M/MYRESES-FUH-20180727/index.jhtml?WT.mc_id=POG

Please use the following information when making your reservation:

Organization: WFUHS 2018

Function: Emery C. Miller Medical Symposium, July 30–Aug. 2, 2018

SRP/Group Code: FUH

Group Name: Emory C. Miller Medical Symposium



Registration Form

Register online at northwestahec.org

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- ☐ \$595—Physicians, if registered by May 31, 2018 / ☐ \$695, by July 15 / ☐ \$795, after July 15
☐ \$595—PAs, NPs, or those out of Fellowship/Residency training for three years or less

Lunch and Learn Programs (Optional)

- ☐ \$20—Addressing Tobacco Use in Your Practice, July 30, 2018, 12:45 pm–2 pm
☐ \$100—Buprenorphine Waiver Training*, Aug. 1–2, 2018, 12:45 pm–4:45 pm
(*2-day afternoon session with both days required.)

Name _____

Profession _____ Degree _____

Job Title _____

Last Four Digits of Social Security # (required) ____ _

Employer Name _____

Contact Method: ☐ Mail Only ☐ Email Only ☐ Both

Mailing Address: ☐ Home ☐ Work

Street _____

City _____

State _____ Zip _____ County _____

Phone _____ Fax _____

Email Addresses:

Work _____ Home _____

Ways to Register:

- **Register online** by clicking the following link: www.nwahec.org/55553
Visa, MasterCard, and American Express accepted online only.
Payment by check option available for most activities.
- ☐ **Make check payable** to Wake Forest University Health Sciences and mail, with registration form, to:
Wake Forest School of Medicine / NW AHEC
Medical Center Boulevard, Winston-Salem, NC 27157-1060
Attention: Lisa Maurer
- ☐ **WFBMC Internal Transfer:** 25-digit chartfield #
_____ - _____ - _____ - _____ - _____
- ☐ **Employer will make payment.** Supervisor completes below and faxes registration to 336-713-7701.

Supervisor's Name (Printed)

Signature

Phone

By signing, I am certifying that agency payment will follow. If you have a balance due and do not attend or send a substitute, you will be invoiced for the full program fee.