

48th Annual Emery C. Miller Medical Symposium

July 29 – Aug. 2, 2019

Embassy Suites at Kingston Plantation
Myrtle Beach, S.C.



Wake Forest®
School of Medicine

Office of Continuing Medical Education
Wake Forest School of Medicine
Medical Center Boulevard
Winston-Salem, NC 27157-1060

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REGISTER ONLINE AT WWW.NWAHEC.ORG/58243



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Embassy Suites by Hilton Myrtle Beach Oceanfront Resort at Kingston Plantation
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Purpose / Target Audience

This symposium is a review and update in primary care medicine intended for family physicians, internists and general practitioners. It also may be of value to physicians preparing for family medicine or internal medicine recertification examinations. Lectures are case based, and participants have the opportunity to actively participate using an audience-response system. The atmosphere is informal, and registrants are encouraged to participate in question-and-answer sessions.

Objectives

At the conclusion of this activity, participants should be better able to:

- Treat early and mid-stage Parkinson's disease.
- Design a treatment plan for medication-refractory patients.
- Utilize testing to confirm the presence of a polyneuropathy.
- Diagnose treatable neuromuscular conditions.
- Identify the importance of advance care planning and describe trends in health care that make planning an urgent need.
- Evaluate the benefit of preventive measures in older adults.
- Diagnose, treat and manage Alzheimer's dementia.
- Develop an evidence-based plan for the use of PSA in your practice.
- Utilize AUA, NCCN and EUA guidelines on the diagnosis and management of prostate cancer.
- Utilize the raw rates of SSRI failure in depression to define treatment resistant depression (TRD).
- Identify treatments for cognitive decline and behavioral disturbance in Alzheimer's disease.

Accreditation

The Wake Forest School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

The Wake Forest School of Medicine designates this live activity for a maximum of 20.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Conflict of Interest Policy

It is the policy of Wake Forest School of Medicine to require disclosure of any significant financial interest or any other relationship a faculty member or planning committee member has with the manufacturer(s) of any commercial products or services discussed in an educational presentation. This information will be shared with all participants at the conference.

Handouts

All course attendees will receive a printed handout and an electronic syllabus made available through an internet download (a .pdf document, which requires Adobe Reader to view). You will be emailed the link to the electronic syllabus at least three days before the course.

Special Needs

Wake Forest School of Medicine adheres to the Americans with Disabilities Act. Please report to the Office of Continuing Medical Education at 336-713-7700 any special needs you may have for participation in or access to this educational activity.

Registration Fee

Flexible Attendance Options:

Physicians—

Five-day attendance option:

\$625, if registered by June 30, 2019 / after, \$725

Three-day attendance option (Monday, Tuesday and Wednesday):

\$500, if registered by June 30, 2019 / after, \$600

Two-day attendance option (Monday and Tuesday):

\$425, if registered by June 30, 2019 / after, \$525

PAs, NPs or those out of fellowship/residency training for three years or less—

Five-day attendance option:

\$525 Registration fee

Three-day attendance option (Monday, Tuesday and Wednesday):

\$400 Registration fee

Two-day attendance option (Monday and Tuesday):

\$350 Registration fee

These fees include a continental breakfast, refreshment break each day for the registrant and program materials.

Special Event—Wake Forest School of Medicine Fun Run

Wednesday, July 31, 2019—Registration opens at 5:30 am with event starting at 6 am

Join participants from all three Wake Forest School of Medicine Beach Week educational activities (48th Emery C. Miller Symposium, *Riding the Wave* and *The Charles R. Jerge Dental Seminar*) for a fun, early morning fitness run/walk. Registration is \$15 and includes a free t-shirt noting participation in the event. Extra shirts are available for pre-order at \$15 each, and orders must be placed at the time of registration but no later than May 30, 2019.

Cancellation Policy

Cancellations received in writing by July 15, 2019, will receive a refund minus a \$75 administrative fee. Refunds will not be available for cancellations received after this date. Please contact Michelle Adams at micadams@wakehealth.edu.

For additional information, call Michelle Adams at the Office of Continuing Medical Education at 336-713-7726, or email micadams@wakehealth.edu.

AGENDA

Sunday, July 28, 2019

- 5 pm **Pre-registration Opens**
- 6 pm **Pre-registration Ends**

Monday, July 29, 2019

- 7:15 am **Registration / Continental Breakfast** (for participants only)
- 7:50 am **Introductions / Announcements** Predrag Gligorovic, MD
- 8 am **Parkinson's Disease Overview and Treatment** Ihtsham Haq, MD
- 9 am **Evaluation of Suspected Polyneuropathy** Michael Cartwright, MD
- 10 am **Break**
- 10:30 am **Essential Tremor—Overview and Treatment** Ihtsham Haq, MD
- 11:30 am **New Therapies in Nerve and Muscle Diseases** Michael Cartwright, MD
- 12:30 pm **Adjourn**

Tuesday, July 30, 2019

- 7:30 am **Continental Breakfast** (for participants only)
- 8 am **Advance Care Planning: When and How? And Oh Wait, How do I Bill for it?** Jennifer Gabbard, MD
- 9 am **Outpatient Dementia Care** Franklin Watkins, MD
- 10 am **Break**
- 10:30 am **Preventive Medicine: Does Age and Prognosis Matter and How do I Predict My Patient's Prognosis?** Jennifer Gabbard, MD
- 11:30 am **Alzheimer's Dementia Overview and Treatment** Franklin Watkins, MD
- 12:30 pm **Adjourn**

Wednesday, July 31, 2019

- 7:30 am **Continental Breakfast** (for participants only)
- 8 am **COPD Update: A Pathway to Improve Outcomes** Andrew Namen, MD
- 9 am **PSA—Management in the Outpatient Setting** Ronald Davis, MD
- 10 am **Break**
- 10:30 am **Bronchitis and Pneumonia: An Outpatient Evidence-based Approach** Andrew Namen, MD
- 11:30 am **Prostate Cancer Treatment and Overview** Ronald Davis, MD
- 12:30 pm **Adjourn**

Dedication

Dr. Emery C. Miller Jr., Professor of Medicine (Endocrinology and Metabolism), retired in June 1989 after serving on the Bowman Gray School of Medicine faculty for 34 years. For 19 years, he served as Associate Dean for Continuing Education, and in 1972, he founded this CME activity. In addition, he was the original founding director of the Northwest Area Health Education Center. Dr. Miller passed away on Dec. 7, 2004.

Thursday, Aug. 1, 2019

- 7:30 am **Continental Breakfast** (for participants only)
- 8 am **Opioid Crisis from the ED Perspective** Christopher Watkins, MD
- 9 am **Ambulatory Care Post Myocardial Infarction** Karl Richardson, MD
- 10 am **Break**
- 10:30 am **Screening and Intervention for Adolescents at Risk of Opioid Use Disorder** Christopher Watkins, MD
- 11:30 am **Evidence-based Approach to the Management of Atrial Fibrillation** Karl Richardson, MD
- 12:30 pm **Adjourn**

Friday, Aug. 2, 2019

- 6:45 am **Continental Breakfast** (for participants only)
- 7:15 am **Integrative Medicine for Primary Practice (Interventions Overview)** Remy Rene Coeytaux, MD
- 8:15 am **Treatment Resistant Depression – The Way Forward** Vaughn McCall, MD
- 9:15 am **Break**
- 9:30 am **Integrative Medicine Approach for Busy Outpatient** Remy Rene Coeytaux, MD
- 10:30 am **Neurocognitive Disorders** Vaughn McCall, MD, MS
- 11:30 am **Adjourn**

Wake Forest School of Medicine Faculty

Predrag V. Gligorovic, MD

Activity Director

Associate Professor

Psychiatry and Behavioral Medicine

Michael S. Cartwright, MD, MS

Professor, Neurology

Ihtsham ul Haq, MD

Associate Professor, Neurology

Jennifer Gabbard, MD

Assistant Professor

Internal Medicine—Gerontology

Ronald L. Davis III, MD, MBA, FACS

Associate Professor, Urology

Andrew M. Namen, MD

Associate Professor

Internal Medicine—Pulmonary

Karl M. Richardson, MD

Assistant Professor, Cardiology

Remy Rene Coeytaux, MD

Professor, Family Medicine

Franklin S. Watkins, MD

Associate Professor

Internal Medicine—Gerontology

Christopher B. Watkins, MD

Assistant Professor, Emergency Medicine

Guest Faculty

W. Vaughn McCall, MD, MS

Case Distinguished University Chair

Department of Psychiatry and Health Behavior

Executive Vice Dean

Medical College of Georgia, Augusta University

Location and Lodging

Embassy Suites by Hilton Myrtle Beach Oceanfront Resort at Kingston Plantation

9800 Queensway Blvd., Myrtle Beach, SC 29572

Kingston Plantation is a beautiful, 145-acre resort with freshwater lakes located on a half-mile of beach in close proximity to all the many attractions along the Grand Strand. Accommodations include one-, two- or three-bedroom wooded or lakeview villas or oceanview/oceanfront condos or two-room suites in the oceanfront hotel that have a living-dining room with compact kitchen, luxurious bedroom, balcony and large bath. The rate for the Embassy oceanview suites includes a daily complimentary buffet breakfast and a manager's reception (5:30 – 7:30 pm). This does not apply to the villas or condos. Rates will be honored two days pre- and post-conference. Recreation facilities include a 50,000-square-foot oceanside pool complex, a world-class sport and health club with racquetball and squash courts, aerobics and exercise rooms, sauna, Jacuzzi, indoor and outdoor pools, the Caribbean Family Water Playground and tennis courts.

Lodging Reservation Information

Room reservations must be received by June 29, 2019.

Group rate includes lodging dates from July 26– Aug. 4. Please make your reservation directly with the hotel as soon as possible because **the room block fills before the cutoff date.**

To make your reservation by phone, please call 800-876-0010, option 1 for Kingston Plantation Condos & Villas or option 2 for the Embassy Suites.

To make your reservation online, please click on the link below or copy the following website address into your browser:

[https://embassysuites.hilton.com/en/es/groups/personalized/M/MYRESES-WFB-20190726/index.jhtml?WT.mc_id=POG \[na01.safelinks.protection.outlook.com\]](https://embassysuites.hilton.com/en/es/groups/personalized/M/MYRESES-WFB-20190726/index.jhtml?WT.mc_id=POG [na01.safelinks.protection.outlook.com])

Please use the following information when making your reservation:

Organization: Wake Forest School of Medicine / NW AHEC

Function: 48th Annual Emery C. Miller Medical Symposium, July 29–Aug. 2, 2019

SRP/Group Code: WFB

Group Name: Wake Forest School of Medicine / Northwest AHEC Conferences

Additional Information

Plan to join us next year for the 49th Annual Emery C. Miller Medical Symposium at the Embassy Suites-Kingston Plantation in Myrtle Beach, S.C., July 27–July 31, 2020.

Attention Nurses!

Register for *5th Annual Riding the Wave* which is occurring simultaneously July 29–Aug. 1, 2019 at the Embassy Suites. For additional information please visit www.nwahec.org/57814.

Join us this year for the 39th Annual Mountain Medical Meeting at the Grove Park Inn Resort and Spa in Asheville, N.C., from Oct. 25–27, 2019.

When planning for an educational activity, registration fees are not based on credit hours or agenda. Registration fees are based on expenses such as meeting room rentals, food, equipment, staff, etc., and are not adjusted by issues such as cancellation of speakers or other unforeseen circumstances. Every effort will be given to ensure the activity is a success.

Registering for and attending this program authorizes Northwest AHEC/Wake Forest School of Medicine to take pictures to be used for the Center's publications, website (including social media sites) and presentations.

Please share this information with a colleague.



#48MillerMed

Registration Form

Register online at northwestahec.org

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Please select your attendance option:

Physicians—

☐ Five-day attendance ☐ \$625, by June 30, 2019 / ☐ after, \$725

☐ Three-day attendance (Mon., Tues. and Wed.) ☐ \$500 by June 30, 2019 / ☐ after, \$600

☐ Two-day attendance (Mon. and Tues.) ☐ \$425, by June 30, 2019 / ☐ after, \$525

PAs, NPs or those out of fellowship/residency training for three years or less—

☐ Five-day attendance \$525

☐ Three-day attendance (Mon., Tues. and Wed.) \$400

☐ Two-day attendance (Mon. and Tues.) \$350

☐ **Fun Run \$15 (Includes free t-shirt) #___ additional shirts at \$15 ea. (Pre-order due by May 30)**

Name _____

Profession _____ Degree _____

Job Title _____

Employer Name _____

Preferred Address: ☐ Home ☐ Work

Street _____

City _____

State _____ Zip _____ County _____

Phone _____ Fax _____

Email Addresses:

Work _____ Home _____

Ways to Register:

- **Register online** by clicking the following link: www.nwahec.org/58243

Visa, MasterCard and American Express accepted online only.

Payment by check option available for most activities.

- ☐ **Make check payable** to *Wake Forest University Health Sciences* and mail, with registration form, to:
Wake Forest School of Medicine / NW AHEC
Medical Center Boulevard, Winston-Salem, NC 27157-1060
Attention: Michelle Adams

- ☐ **WFBMC Internal Transfer:** 25-digit chartfield #
_____ - _____ - _____ - _____ - _____

- ☐ **Employer will make payment.** Supervisor completes below and faxes registration to 336-713-7701.

Supervisor's Name (Printed)

Signature

Phone

By signing, I am certifying that agency payment will follow. If you have a balance due and do not attend or send a substitute, you will be invoiced for the full program fee.