



11th Annual
NC 'One Community in Recovery' Conference:
Our Stories, Our Hope, Our Power

March 11-13, 2020

Wyndham Garden, 415 S Swing Rd, Greensboro, NC 27409

Sponsored by:



The Behavioral Health Springboard at UNC and the NC Division of Mental Health, Developmental Disabilities and Substance Abuse Services with funding from the SAMHSA Community Mental Health Services Block Grant.



Register online at nwahec.org/59857

Conference Overview

11th Annual NC 'One Community in Recovery' Conference

March 11-13, 2020 | Wyndham Garden Greensboro, Greensboro, NC

Overview

Join administrators, advocates, allies, community members, educators, family members, peer support specialists, policy makers, service providers, and all others interested in recovery and resilience as we highlight some of the most progressive recovery practices in our state.

This conference is an inspiring, informative event designed to foster the continuing growth of the North Carolina Recovery Movement, to teach participants how to get recovery programming up and running in their communities, to showcase some of the most progressive recovery practices, and to bring the community of providers and individuals in Recovery together as students and partners. Our goal is to educate and motivate participants to apply principles of Recovery in their personal and professional lives.

Learning Objectives

Upon completion of this program, participants will be able to:

- Discuss the values, principles and philosophy of the Recovery Movement.
- Identify ways to implement Recovery principles into practice.
- Discuss and potentially implement cutting edge Recovery practices.
- Identify social determinants of health such as employment, housing, transportation, and social connection support recovery and resilience.

Who Should Attend

This conference will be beneficial to those caring for people with mental health and/or a substance use disorder, including administrators, advocates, allies, educators, family members, individuals with lived experience, licensed professional counselors, marriage and family therapists, peer support specialists, policy makers, psychiatrists, psychologists, service providers, social workers, substance use counselors, and other health and human service professionals interested in recovery and resilience.

Location and Hotel Accommodations

The conference will take place at the Wyndham Garden Greensboro, 415 S. Swing Road, Greensboro, NC 27409.

Lodging will be available at the conference hotel at a rate of \$71.20 plus tax single or double occupancy on March 11 and 12, 2020. Please reserve your room by February 20, 2020. For reservations please call (336) 315-1506 Monday–Friday, 9 am–5 pm and mention the 11th Annual NC "One Community in Recovery" Conference. If calling after hours, please leave a message and the hotel staff will return your call.

Scholarships

If you or someone you know is in need of a full conference scholarship, lodging included, then click [HERE](#) to fill out an application. If you cannot access the link above, contact Ellen Kesler, ekesler@wakehealth.edu. Deadline is February 5, 2020.

Recovery Champion and Youth/Young Adult Voice Awards

Do you know of someone making a positive difference in North Carolina? Help us recognize their contribution by nominating them for a **Recovery Champion** or **Youth/Young Adult Voice Award**. These awards honor people who have dedicated their individual talents, whether through sharing their story, advocacy, professional work or volunteering, to successfully promote mental health and/or substance use recovery and resilience. All award winners will receive free registration and lodging for the conference. If you cannot access the links above, contact Ellen Kesler, ekesler@wakehealth.edu. Deadline is December 20, 2019.

Exhibitor and Supporter Opportunities

If you would like to support the conference as an exhibitor or by funding a scholarship, please click [HERE](#) for link to information and registration.



Special Morning Session: Peer Voice NC Café

Wednesday, March 11, 2020 | 8:30 - 11:30 am

The NC One Community in Recovery Conference is pleased to partner with Peer Voice North Carolina (PVNC) for this special session.

*You are warmly invited to
the Peer Voice NC Café!*

8:30am on Wednesday, March 11, 2020



A special session hosted by
The Annual One Community in Recovery Conference
The Wyndham Garden Inn - 415 S. Swing Rd.
Greensboro, NC 27409

Please join Peer Voice North Carolina (PVNC) in a welcoming café-environment to enjoy coffee, tea, and pastries with a purpose. Together, through rounds of collaborative dialogue, we'll explore constructive possibilities for elevating resilience and recovery across our state.

- Learn about NC's new, federally funded, statewide grassroots movement to organize people impacted by trauma, emotional distress, labels of mental illness, and co-occurring substance use.
- Discover and engage in the groundbreaking work starting up now in PVNC's topic-based coalitions.
- Be valued and heard as a person with lived-experience wisdom to share about the policies, practices, and processes that impact you and others across the state.
- Meet members of the PVNC Strategic Planning Council and join your voice with ours, as we continue to build a unified, vocal, and influential statewide peer and "consumer" grassroots movement - one that is completely independent ... operated by us, for us.

Some of the topic-based coalitions

- Peer Wellness Center Coalition
- Peer Policy and Advocacy Coalition
- Peer Standards Coalition
- Peer Justice Initiative
- Youth Collegiate Recovery Coalition
- Recovery Alternatives to Forced Treatment Coalition

What is Peer Voice NC?

In March 2019, the federal government invested in the people of North Carolina through a Statewide Consumer Network Grant from the Substance Abuse and Mental Health Services Administration (SAMHSA).

SAMHSA believes that "statewide consumer networks are best poised to bring peer voice, guidance, and foresight into systems change." Peer Voice NC was launched to establish and organize this grassroots movement.

Café Agenda - Wednesday, March 11th

8:30am - Welcome

- Special Guest Performances: "This is My Brave"

9:00am - Building A Grassroots Movement

9:15 Peer Voice NC Café

- Format and Café Etiquette
- Café Coalition-Building Conversations
- Open Dialogue

9:45am - Rounds of table discussion sessions

- Peer Voice Café Session 1
- Peer Voice Café Session 2
- Peer Voice Café Session 3

11:00am - Wrapping up

- Share Collective Discoveries & Insights
- Ways to Stay Involved

11:30pm - Adjourn



It's early in the process. Join the movement! Visit us on Facebook @pvncprn.

Wednesday Pre-Conference: Our Stories, Our Hope, Our Power

Wednesday, March 11, 2020 | 12:00 - 5:00 pm

Overview

Our stories of recovery and resilience have the power to inspire hope - in ourselves, in others in their recovery journey and in the community. Your story may be about your own recovery experience. It may also be about the recovery you have witnessed in others, through personal or professional relationships.

This half-day, interactive session will include content on using language that unifies us, how to tell our stories to help ourselves, how to tell our stories to help others, and how to tell our stories to affect policy change. We will also discuss the importance of seeing others and carrying each other's message as our duty. You will have the opportunity to work on your own story and there will be time set aside throughout the conference for people to share.

Learning Objectives

Upon completion of this session, participants will be better able to:

- Remove barriers to recovery through effective messaging.
- Identify language that is positive and promotes healing and understanding.
- Develop narratives to communicate effectively with different audiences and in different situations.

Agenda

12:00 pm	Registration and Box Lunch
12:45 pm	Session Begins
5:00 pm	Adjourn
5:15 pm	Wellness Walk
6:30 pm	Ice Cream Social
7:00 pm	First Ever NC One Community in Recovery Inspire Story Slam Extravaganza

Evening Activity - First Ever NC One Community in Recovery Inspire Story Slam Extravaganza

We would like to invite all conference participants to participate in the First Ever Inspire Story Slam.

This event is based on the lively and long tradition of Poetry Slams. Poetry slams traditionally feature performance poetry that is delivered to a live audience. Each piece is short and is delivered with either poetry that rhymes or in prose style (a poem that almost reads like song lyrics). For this event, however, participants are invited to share an inspiring aspect of their recovery or life story in any verbal form. Each participant will be limited to four minutes only which will create a lively forum that affords opportunities for many people to share within a relatively short time period.

This event will occur on the evening of the pre-conference. It will coincide with the ice cream social. The ice cream social will begin at 6:30 and the Story Slam will begin at 7:00. We hope you will arrive in time to enjoy some delicious ice cream then to participate in this special event either through participation or by being an audience member. We can't think of a better way to honor our theme this year, "Our Stories, Our Hope, Our Power!" Let's get inspired!!



Conference Schedule - Thursday

7 am **Chair Massage**

8 am **Registration**

9 am **Welcome and Opening Remarks**

9:15 am **Keynote Address: Teddy Lanier**

Ret. Master Sergeant, Board of Directors, Warriors Heart Foundation

After serving for 22 years (1989-2011), including 10 years in the U.S. Army and 12 years in Special Forces, Retired Master Sergeant and Green Beret Teddy Lanier is sharing his long-term recovery story to help fellow warriors. Lanier was deployed five times to combat in Iraq and Afghanistan and adjusting back to civilian life brought many challenges. He explained, "I became dependent upon drugs and alcohol, not only to deal with the average normal everyday stressors, but also dealing with unprocessed trauma that I didn't know how to deal with."

Lanier overcame a 17-year opiate addiction after attending Warriors Heart residential treatment program for "Warriors Only" (military, veterans and first responders) in April 2017. To give back, Lanier is now on the Warriors Heart Foundation Board of Directors and is speaking publicly about his story. Teddy says, "If all I do is save one person, then I am happy to share my story with the world." Lanier has shared his story on the TODAY Show, WRAL NBC News Raleigh, Dr Drew Midday Live with Leeann Tweeden and more.



10:30 am **Break**

11 am **Morning Breakouts**

A **Telling the Story of Domestic Violence from Adult & Child Perspectives** - *Caleb Turmel, LCMHC, NCC, Kristin Chesire, LCMHC, LCAS*

This workshop will explore the process of therapy for survivors of domestic violence, intimate partner violence, and children who have witnessed the violence between caregivers. We will explore the process of aiding individuals as they tell their recovery story, and what it looks like to help those who have suffered from violence and abuse on their journey of recovery. Participants will learn narrative therapy techniques to implement with their adult clients to aid in their recovery as well as trauma informed skills for working with children who have experienced or witnessed violence.

B **Activating Self-Determination & Self-Advocacy in Recovery** - *Karen Kranbuehl, JD, MSW, Person in Recovery*
Effective communication is essential for maintaining recovery and building social determinants of health and wellness. However, until recently, there was no comprehensive, structured, and goal-oriented tool for developing self-determination and self-advocacy skills. See how NC stakeholders are building self-determination and self-advocacy mindsets and skillsets for themselves and the people they serve using the SAY IT Program.

C **Trauma-Informed Substance Use Treatment** - *Andrea Winkler, LCSW, LCAS*
With staggering rates of co-occurring substance use and trauma-related disorders in substance use treatment settings, it is imperative that organizations and providers integrate a trauma-informed approach. While thorough assessment of trauma-related conditions and integrated treatment paths are a vital element of such an effort, so too are comprehensive considerations of the treatment environment, practices, and policies at large. This session will assume a general understanding of the potential impact of trauma exposures on human functioning, and build upon that with an overview of the elements of a trauma-informed approach to care and its agency wide integration. Participants will gain skills related to self-assessment of trauma-informed practices and design initial plans for provider and/or organizational change.

D **Providing Hope Using Animal Assisted Therapy for Substance Use and Mental Health** - *Karen Russell, Rae Burgess, MA, MS, LPC, LCAS-A*

Featuring two certified therapy dogs, this presentation introduces the benefits of Animal Assisted Psychotherapy and animal-assisted activities in various settings. Topics to explore include selection of a therapy animal, criteria for membership in the pet therapy organizations, current research, and best practices for incorporating therapy dogs into counseling.

Conference Schedule - Thursday

12:15 pm **Lunch** (provided)

1:30 pm **Afternoon Breakouts**

A Peer Support in the Criminal Justice System - Justin Wright, NCCPSS

This breakout session is intended to inform participants about different peer support roles within the criminal justice system, and to brainstorm about non-existent roles needed in the CJ system. This session will include information on PSS operated diversion programs, county work groups and initiatives, jail MAT program peer supports, PSS/CIT officer partnerships, PSS detention facility recovery group facilitation, PSS courthouse case management, and PSS re-entry services. The session will include discussion around advocacy, both for the participants being served in the criminal justice system, and for the criminal justice system workers themselves.

B Using Motivational Interviewing in Peer Support Services - Stacy L. Smith, MEd, LPC, NCC, Ashley Wilson

Certified Peer Support Specialists bring unique skill-sets, perspectives and experiences to the world of Recovery-Oriented Mental Health and Substance Use Services. Two of the main tools are Manualized Wellness Management (WRAP, WMR, WHAM, IMR) interventions and self-disclosure. Both are critical to successful engagement and recovery learning for those the Peer serves. Motivational Interviewing, especially the use of EPE (elicit-provide-elicited), can be instrumental in successfully engaging with and then doing the critical work of recovery. Come explore ways to effectively (and with greater impact) engage individuals to their work around recovery. This workshop will be very participatory!

C The "So What" Factor: Turning Talk into Action within a Community Coalition - Kim James, Lisa Moore, Capt. Jason Whisnant, Brandi Greer

The Burke Substance Abuse Network (BSAN) is based in Burke County, NC and is a coalition with over 150 active members all working together to address the substance use/misuse epidemic within the community. Through a unique coalition structure, the action components, or the "So What" factors, of the coalition occur through the work of task forces. Specifically, there are four key task forces that carry out and inform the majority of the coalition's actions: Public Information and Policy; Underage Alcohol Use and Non-Medical Use of Prescription Drugs; Faith-Based Initiatives; and the Purple Elephant Project. All of these workgroups exemplify the coordination of community members in an effort to support a continuum of care that directly impacts and reinforces the power of recovery. There is power in the strength of many who come together to heal their community from the inside out. This strength is found in the task forces of the BSAN coalition and there is a hope in knowing a group of people care about the "so what" factor. This workshop will share the goals and actions of each of these task forces and will highlight the impact of these actions on the community in which we all live, learn, work, play and pray.

D The Theory and Practice of Recovery - Delton Russell, CPSS

This training is designed to explore barriers to recovery such as language, shame, arrested development, epigenetics and trauma and then explore what solutions to these barriers look like such as whole person wellness, neuroplasticity, mindfulness, structure, cognitive behavioral therapy and community.

2:45 pm **Break**

Conference Schedule - Thursday

3:05 pm **Late-Afternoon Breakouts**

- A **Peer Navigation: "The Proof is in the Pudding"** - Bobby Harrington, CPSS, Felishia McPherson, LPC, CPSS
This workshop is based on the factual challenges and barriers of reentry as it pertains to those of us that are returning citizens from incarceration, as well as those post inpatient hospitalization, homeless and criminalized via crisis/penal situations and circumstances. The challenges with healthcare, the barriers that individuals face from a firsthand perspective. Sharing the ways that we assist peers to navigate the systems we must operate under. We will share about the new Pokket system that is being piloted through Wake correctional to assist returning citizens. We will brainstorm ideas that we can share to become more inclusive between agencies to benefit the population and ways that we can continue to push the needle forward to reduce recidivism and build a more inclusive community.
- B **Self-Disclosure versus Storytelling** - Reid Smithdeal, MSW, LCSW
Peer Support Specialists have multiple tools they can use to support those they are working with. In this workshop, we will look at two of those tools, Self-Disclosure and Storytelling. Participants in the workshop will have the opportunity to define each of these tools and develop an understanding of the difference between the two. The workshop will be facilitated through lecture and interactive activities.
- C **Playing our Way to Healing: InterPlay and Recovery** - S. Elizabeth Snyder, PhD
This interactive, kinesthetic "playshop" showcases the body-based modality InterPlay as a creative, innovative pathway to recovery. InterPlay, now in its 30th year, utilizes five fundamental practices to maximize personal and communal health and vitality: movement, storytelling, voice/song, connection, and stillness. InterPlay is an embodied practice that facilitates wholeness, joy and healing through the expressive arts. InterPlay is committed to building transformational communities of practice, notably underserved and at-risk communities. InterPlay teaches us that we can learn to play, not struggle, with our experience. Through the cultivation of body wisdom and interpersonal connection, InterPlayers discover powerful ways to embrace the totality of their lives - to include the process of recovery from addiction. Based on playshops currently offered at the Julian F. Keith Alcohol and Drug Abuse Treatment Center in Black Mountain, NC, this session will activate the playful spirit in all of us.
- D **Including MYSELF** - Laurie Coker, RN, CPSS
North Carolina has embarked on a statewide community inclusion initiative called "I'm IN." The focus of this effort is to expand our state's efforts toward promoting the recovery of mental wellness by demonstrating and educating communities about the role of community participation and inclusion in helping people rebuild meaningful lives after mental ill-being. GreenTree Peer Center is one of the first four "Pilot Partners" developing projects to enhance community inclusion across the state. GreenTree's program, called Including MYSELF has three components: engagement with stakeholders outside of the peer center who support individuals to participate in local activities, use of Peer Supporters to target individual participation objectives with GreenTree community members and support them to accomplish those objectives out in the larger local community according to their individual preferences and undertaking a participatory research project using the Photo Voice approach in partnership with Winston-Salem State University's Occupational Therapy Program. The aim of this presentation is to help attendees gain new perspective on the importance of active promotion of community inclusion and participation and to understand the function of a peer operated, community based social center in promoting progressive community engagement and personal growth.

4:20 pm **Adjourn**

6:00 pm **Recovery Champion and Youth/Young Adult Awards Dinner**

7:30 pm **Open AA Meeting**

7:30 pm **"Is Your Story Making You Sick?" Documentary Film and Discussion**

Is Your Story Making You Sick? is a breakthrough new documentary about an innovative approach to healing. The film combines top experts in mental health, brave participants sharing their stories, and a revealing look at narrative therapy exercises and modalities. To view the trailer: <https://www.story.movie/>

Conference Schedule - Friday

8 am **Registration**

9 am **Keynote Speaker: Cherene Allen-Caraco, CPSS, QMHP, QDDP, CESP
Founder and CEO, Promise Resource Network**

After many years of living with a variety of trauma related mental health diagnoses, Cherene has made the last 24 years her professional and personal mission to understand what helps and harms others impacted by trauma, mental health and substance use, inclusive of how systems and services can either foster healing, wellness, recovery and a high quality of life or harm the process of recovery. Learning from other survivors and professional allies around the country and abroad, Cherene founded NC's first peer/"consumer" operated organization, Promise Resource Network (PRN) in 2005/2006. To date, PRN is operated and staffed by people with lived experiences of trauma, mental health, substance use, homelessness, LGBTQIA, domestic violence, former gang involvement, and/or prior incarceration to offer support, resources and opportunities to others that experience the same. PRN is credited to introducing peer support into our state and the agency currently operates 7 peer programs, serving over 1,500 uninsured people in Charlotte each month that have been "kicked out" or "opted out" of services, offering trauma-based alternatives to traditional treatments in each of the 8 Dimensions of Wellness. As the founder and CEO, Cherene she has made sure that recovery and resilience serve as the agency blueprint and social and system transformation as its mission. Most recently, PRN was awarded the federal grant to incubate and launch the NC statewide peer/"consumer" organization, Peer Voice NC.



10:15 am **Break**

10.45 am **Morning Breakouts**

A **Life After Treatment** - *Teddy Lanier*

In this session, we will provide insight on continued care post treatment, the importance of having a support program and setting realistic personal goals. We will also discuss how working with others in recovery and "passing it forward" helps sustain us in our own recovery.

B **Applying Ethics to the Peer Support Relationship** - *Reid Smithdeal, MSW, LCSW*

The relationships that Peer Support Specialists develop with the individuals they are supporting are complex and challenging to navigate. This workshop will explore the dynamics of that relationship and help individuals understand how to utilize North Carolina Peer Support Specialists Code of Ethics to insure they are developing a supportive, safe, successful relationship with the individuals they are working with.

C **HOPE: Healing Our Personal Experiences** - *Michael Hayes, NCPSS, Allison Sturtevant-Gilliam*

The Umoja Health, Wellness, and Justice Collective supports the process of reclaiming the narrative for People of Color, starting with Men of Color in the community. This workshop will share the story behind the development of the Collective, including the recovery journey of founder, Michael Hayes, whose sobriety came after learning that substance use was a symptom of his childhood trauma. The Collective focuses on the healing power of storytelling, utilizes the power of experts with lived experience, and offers supports designed to tap into the natural resilience within individuals. We will share some of the ways in which the foundational research of the Adverse Childhood Experiences study, the work of Remaa Menakem, the Wellness Recovery Action Planning (WRAP) process, and the programming of Resources for Resilience as formal structures support the work of the Collective. We will facilitate an opportunity for participants to brainstorm ways in which to create similar initiatives within their home communities.

D **Open Dialogue about Open Dialogue** - *Wes Rider, Stacey Harward*

In the 1980's a new therapy, developed in Finland, called Open Dialogue, was used to assist people experiencing extreme emotional distress and psychosis. Open dialogue draws on a number of theoretical models, including systemic family therapy, dialogical theory and social constructionism. Numerous studies have documented its remarkable efficacy. In 2011, filmmaker and former therapist Daniel Mackler traveled to Finland and produced a documentary on the therapy. In this session we will show highlights of the movie and engage the audience in a discussion. We will also provide participants with an informational packet, pointing them toward journal articles, research and personal testimonies of persons engaged in the practice.

Conference Schedule - Friday

12:00 pm Lunch (provided)

1:00 pm Afternoon Breakouts

A **Breakout Session with Cherene Allen-Caraco**

B **The Power of Owning Your Story** - *Alecia Brower, MA, LPA*

Your recovery story can be the key to helping someone else. By developing your story, becoming comfortable with sharing it and learning to be vulnerable in the telling of your story, you learn that you are opening the door for others to recovery. Become familiar with the four dominant communication styles and how you can maximize how you connect with others. Learn how you communicate with others and how your style may differ from those that you communicate with. Develop strategies for communicating more effectively, by learning to recognize the different communication styles and how they operate when talking with others. Learn how to communicate your life experience to impact others.

C **Generational Considerations in Personal Recovery** - *Michelle Anne LaRocque, PhD, NCCPSS*

SAMHSA identifies culture as one of the defining elements of the recovery process. Culture is often thought of as ethnicity, tradition, or customary social interactions. Both within and across cultures there are generational factors that can impact an individual's experience of mental and emotional distress. These factors play an important role in the recovery process. An individual's generational identity can be viewed as a form of culture itself that is distinct from other social influences.

D **IPS: Where Recovery Takes Flight** - *Tara Alley, MA CESP, Jimmy Treires, MS, LPC*

Individual Placement and Support (IPS) is an evidenced-based practice that helps people living with serious mental illness and substance use disorders choose, find, and keep employment. This breakout session will cover the following: value of employment in recovery, IPS practice principles, behavioral health integration, and state-wide outcomes. IPS teams across North Carolina have successfully assisted thousands of people in going back to work since 2013. You will hear from a North Carolina CPSS about their experiences working on an IPS team and the unique role of the peer. You will also learn about how a person's recovery can start with employment and how you can support their journey.

2:15 pm Closing Celebration

3:00 pm Adjourn

Conference Details

Registration Fees

	Early Registration	After Feb. 26	Early Group Registration	Group Registration after Feb. 26
Wednesday - Pre-Conference Workshop only	\$55	\$60	\$50	\$55
Thursday only	\$95	\$105	\$85	\$95
Friday only	\$95	\$105	\$85	\$95
Thursday and Friday only	\$155	\$165	\$145	\$155
Full Conference, Wednesday, Thursday and Friday	\$210	\$225	\$195	\$210

To receive the group rate, groups of three (3) or more must fill out individual registrations and submit together. Group registration is not available online.

Register and pay online at northwestahec.org or complete and return the attached registration form. Payment by credit card (Visa, MasterCard, American Express) is accepted online. Money order, personal check, corporate check or WFBMC internal transfer is accepted in person or by mail.

Payment Policy:

Payment is required on or before entrance into any Northwest AHEC activity. If a corporate payment has not been received before the activity start date, you will be required to provide a personal credit card or check. If and when the corporate payment has been received, Northwest AHEC will issue a full refund based on your original form of payment. To avoid personal payment, you should check with the financial staff at your organization to determine status of payment before the event date.

Refund Policy: Cancellations received in our office at least two weeks (14 business days) before the activity will receive a 100 percent refund. Registrants cancelling between two weeks and two full business days prior to the first day of the event will be refunded at 70 percent of the registration fee subject to a minimum \$25 cancellation fee. The registration fee will not be refunded if a cancellation is received less than two days before the activity. Cancellations must be in writing (fax, email or mail). You may send a substitute in your place.

When planning for an educational activity, registration fees are not based on credit hours or agenda. Registration fees are based on expenses such as meeting room rentals, food, equipment, staff, etc., and are not adjusted by issues such as cancellation of speakers or other unforeseen circumstances. Every effort will be given to ensure the activity is a success.

If you have not received confirmation of your registration 24 hours before the program date, please call Dena Morrow at 336-713-7729 or email dmorrow@wakehealth.edu to verify the status of your registration.

Note —Attendance at this activity grants permission for Northwest AHEC to use any photographs, audio, video, or other images from this activity for promotional or educational purposes. Please notify a Northwest AHEC staff member if you have concerns.

For More Information and Assistance

If you have questions about registering for this activity or need auxiliary aids or special services to attend, please contact Dena Morrow at least five working days before the activity by calling 336-713-7729 or emailing dmorrow@wakehealth.edu.

Credit

The conference and pre-conference workshops offer up to 13.5 hours of credit for participants attending all sessions.

- Up to 13.5 Contact Hours from Northwest AHEC
- Up to 1.4 CEUs from Wake Forest School of Medicine
- Up to 13.5 hours (Category A) continuing education for NC psychologists.
- Application has been submitted for up to 13.5 contact hours of Substance Abuse Specific credit from the North Carolina Substance Abuse Professional Practice Board.
- This program does not provide specific NBCC Credits. However, per LPC licensure guidelines, you may submit up to 15 contact hours of continuing education by attending programs by affiliates of the National Area Health Education Center Organization (NAO). Northwest AHEC is a member of the NAO.

Wednesday: 4.0 Contact Hours, Thursday: 5.25 Contact Hours, Friday: 4.25 Contact Hours

Registration Form

11th Annual NC "One Community in Recovery" Conference, March 11-13, 2020

Please select registration fee:	Early Registration	After Feb. 26	Early Group Registration	Group Registration after Feb. 26
Wednesday only	<input type="checkbox"/> \$55	<input type="checkbox"/> \$60	<input type="checkbox"/> \$50	<input type="checkbox"/> \$55
Thursday only	<input type="checkbox"/> \$95	<input type="checkbox"/> \$105	<input type="checkbox"/> \$85	<input type="checkbox"/> \$95
Friday only	<input type="checkbox"/> \$95	<input type="checkbox"/> \$105	<input type="checkbox"/> \$85	<input type="checkbox"/> \$95
Thursday and Friday only	<input type="checkbox"/> \$155	<input type="checkbox"/> \$165	<input type="checkbox"/> \$145	<input type="checkbox"/> \$155
Full Conference, Wednesday, Thursday and Friday	<input type="checkbox"/> \$210	<input type="checkbox"/> \$225	<input type="checkbox"/> \$195	<input type="checkbox"/> \$210
Special needs	<input type="checkbox"/> Vegetarian	<input type="checkbox"/> Vegan	<input type="checkbox"/> Gluten-free	<input type="checkbox"/> Lactation Room

Last 4 digits of phone number:
** required*

First Name *MI* *Last* *Degrees (e.g., MD)*

Profession *Job Title*

Home Address *City* *State* *Zip* *County*

Home Phone *Cell Phone*

Employer

Employer Address *City* *State* *Zip* *County*

Employer Phone *Employer Fax*

Preferred Email *Home Email* *Work Email*

By providing your fax number, email address and telephone number, you have granted permission for us to contact you via the numbers and address indicated.

Three Ways to Register:

▶ **Register online at nwahec.org/59857**

Make check payable to Wake Forest University Health Sciences and mail, with registration form, to:
 Wake Forest School of Medicine / NW AHEC
 Medical Center Boulevard, Winston-Salem, NC 27157-1060
 Attention: Dena Morrow
or fax to: 336-713-7701

Credit card payments accepted online only
 If registering by fax or mail, please call Dena Morrow to give credit card information, 336-713-7729.

Employer will make payment. Supervisor completes below and faxes registration to 336-713-7701.

Supervisor's Name (Printed) *Signature* *Phone*

By signing, I am certifying that agency payment will follow. If you have a balance due and do not attend or send a substitute, you will be invoiced for the full program fee.