

# Best Practices in Opioids Prescribing and Management

Select any or all of the 10 online self-paced lectures available via your computer or mobile device. Lectures are available to view from August 15, 2020 – August 15, 2022

AHEC has provided support to produce these modules and offer them at a reduced registration fee of just \$10 per session (\$100 for all 10 sessions).



## Program Overview/ Target Audience

This activity is targeted to those interested in best practices for opioid prescribing and management and opioid use disorder, including physicians, advanced practitioners, nurses, behavioral health and addiction medicine specialists, and social service professionals. The lecture topic spans 10 individual modules which can be taken individually online at your own pace. Prescribers will find modules that address content required by their individual boards for opioid-focused continuing education and others that highlight vulnerable and special populations like adolescents, geriatrics, those in hospice, pregnant women and those affected by homelessness.

As part of its commitment to diversity and inclusion, the Northwest AHEC and Wake Forest Baptist Health provide compassionate education and respectful care for all, regardless of sexual orientation, gender identity or expression.

## Credit

Each single lecture is approved for the following credits:

- 1.0 Contact Hours from Northwest AHEC
- 1.0 Nursing Contact Hours  
Northwest Area Health Education Center (NWAHEC) is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.
- NC AHEC is a 2020 NASW-NC approved provider of distance continuing education. This program has been approved for 1.0 contact hour.
- 1.0 NBCC Contact Hour. Northwest AHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5465. Programs that do not qualify for NBCC credit are clearly identified. Northwest AHEC is solely responsible for all aspects of the program.
- The North Carolina Addictions Specialist Professional Practice Board has approved this lecture for 1.0 Substance Abuse Specific hour, Approval #20-620-S
- Wake Forest School of Medicine designates this enduring content for a maximum of 1.0 AMA PRA Category 1 Credit(s). Physicians should claim only the credit commensurate with the extent of their participation in the activity. Accreditation: Wake Forest School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Provided by:

Northwest Area Health Education Center (AHEC), a program of Wake Forest School of Medicine and a part of the North Carolina AHEC System.

# Best Practices in Opioids Prescribing and Management

To learn more about each session or to register for individual lectures, please click the links below the program objectives.

## **Best Practices in Opioid Prescribing and Management: Vulnerable Populations and Opioid Prescribing and Management - Hospice**

Mark Corbett, MD, Palliative Care Specialist/Geriatric Medicine

Upon completion of the activity, participants should be better able to:

- Identify general guidelines of managing the hospice patient's pain and dyspnea with opioids.
- Describe the dynamics of hospice care when a caregiver or others in their environment have substance use disorders.
- Describe the complexities of caring for a hospice patient with opioid use disorder.
- Summarize the needs of other health care team members (like home health nurses) who provide on-site in home care in these dynamics.

*Register for this session at [www.nwahec.org/63862](http://www.nwahec.org/63862)*

## **Best Practices in Opioid Prescribing and Management: Opioids and Opioid Use Disorder in Youth (under 21)**

Crystal Collier, PhD, LPC-S - Murphy-Peterson Behavioral Health Fellow for St. Martin's Episcopal Church Hope and Healing Center

Upon completion of the activity, participants should be better able to:

- Identify signs and symptoms of OUD in youth.
- Discuss physiology of OUD in those under 21 (how are opioids metabolized differently in children, effects on physical growth, emotional development).
- Describe potential concerns for youths in restricted settings (e.g. detention centers, group homes) when removed from municipal use of opioid.
- Discuss the role of titration of opioids in restricted settings.

*Register for this session at [www.nwahec.org/63859](http://www.nwahec.org/63859)*

## **Best Practices in Opioid Prescribing and Management: Opioids and Opioid Use Disorders: Where Are We Now**

Elizabeth Shilling, PhD - Department of Surgery, Wake Forest School of Medicine

Upon completion of the activity, participants should be better able to:

- Describe the current scope of the opioid crisis in the region, state, country and globe.
- Examine the effect of COVID-19 related policy changes on the use of opioids, and medication assisted treatment for the opioid crisis.
- Recognize the demographics of the opioid crisis.

*Register for this session at [www.nwahec.org/63651](http://www.nwahec.org/63651)*

## **Best Practices in Opioids Prescribing and Management: Non-Pharmacologic Integrative Medicine Approaches for Managing Pain**

Jeffrey Feldman PhD. Associate Professor, Neuropsychology, Wake Forest School of Medicine

Upon completion of the activity, participants should be better able to:

- Identify the differences between Alternative, Complementary and Integrative Medicine approaches.
- List types of Complementary and Alternative Medicine (CAM) modalities commonly used and available research support.
- Discuss the concept of the placebo effect and its role in Integrative Medicine and the treatment of pain.
- Review how to facilitate the placebo effect in clinical practice.

*Register for this session at [www.nwahec.org/63869](http://www.nwahec.org/63869)*

## **Best Practices in Opioids Prescribing and Management: Opioid Use Disorder: Signs and Symptoms, Levels of Care, Referral Sources and Assessment Tools**

Corey Richardson, DrSC, MPAS, MBA, MAC, LCAS, CCS, ICCS, ICAADC

Independent Clinical Consulting on Substance Use Disorders and Treatment Monitoring, Integrated Care of Greater Hickory, Inc., CEO/President and Clinical Director, Hickory, NC.

Upon completion of the activity, participants should be better able to:

- Identify evidence-based medication assisted treatment therapies and team-based workflows used in the management of opioid use disorder.
- Summarize current protocols for MAT.
- Identify resources and tools used to implement MAT into primary care.

*Register for this session at [www.nwahec.org/63866](http://www.nwahec.org/63866)*

## Best Practices in Opioids Prescribing and Management

To learn more about each session or to register for individual lectures, please click the links below the program objectives.

### **Best Practices in Opioids Prescribing and Management: Substance Use Disorder Treatment in the Age of Social Distancing**

Corey Richardson, DrSC, MPAS, MBA, MAC, LCAS, CCS, ICCS, ICAADC

Independent Clinical Consulting on Substance Use Disorders and Treatment Monitoring, Integrated Care of Greater Hickory, Inc., CEO/President and Clinical Director, Hickory, NC.

Upon completion of the activity, participants should be better able to:

- Describe necessary changes to workflows and processes to maintain evidence-based treatment of patients with opioid use disorder during the pandemic.
- Relate the impact of social stressors resulting from COVID-19 (i.e., unemployment, unplanned release from incarceration, housing insecurity and others) on addiction medicine.
- Discuss the potential future framework for care of patients with opioid use disorder resulting from changes in management, and changes to reimbursement policy made during the COVID-19 pandemic.

*Register for this session at [www.nwahec.org/63857](http://www.nwahec.org/63857)*

### **Best Practices in Opioids Prescribing and Management: Substance Use Disorder: Treating Homelessness and Special Populations**

Corey Richardson, DrSC, MPAS, MBA, MAC, LCAS, CCS, ICCS, ICAADC

Independent Clinical Consulting on Substance Use Disorders and Treatment Monitoring, Integrated Care of Greater Hickory, Inc., CEO/President and Clinical Director, Hickory, NC.

Upon completion of the activity, participants should be better able to:

- Recognize the challenges faced by vulnerable populations with opioid use disorder (i.e., BH/IDD, LGBTQ, non-English speaking, deaf, and others).
- Discuss adjustment of interventions needed to most effectively intervene for the most vulnerable among us with opioid use disorder.

*Register for this session at [www.nwahec.org/63858](http://www.nwahec.org/63858)*

### **Best Practices in Opioids Prescribing and Management: Pearls of Wisdom and Lines in the Sand: Scope and Management of Opioid Use During Pregnancy**

Jeffrey Morgan Denney, MD, MS, FACOG. Associate Professor, Obstetrics and Gynecology, Wake Forest School of Medicine

Upon completion of the activity, participants should be better able to:

- Describe the effects of opioids on pregnant woman and developing fetus.
- Compare the benefits, risks and limitations of agents used in medication assisted treatment protocols during pregnancy.
- List recommendations for breastfeeding and immediate post-partum course of care.
- Recognize co-morbid conditions to screen for and treat in the pregnant woman using opioids.

*Register for this session at [www.nwahec.org/63861](http://www.nwahec.org/63861)*

### **Best Practices in Opioids Prescribing and Management: Balancing an Epidemic of Opioid Misuse and Abuse with the Ethical Duty to Treat Pain**

Carl Robert Grey, MD - Department of Medicine, Section of Gerontology and Geriatrics, Wake Forest School of Medicine

Upon completion of the activity, participants should be better able to:

- Review NC Medical Board policy and NC state regulation around opioid prescribing.
- List recommendations for breastfeeding and immediate post-partum course of care.
- Describe the CDC guidelines and other tools (including screening tools) and resources to help guide opioid prescribing practices.
- Recognize signs of abuse or misuse of controlled substances.

*Register for this session at [www.nwahec.org/63870](http://www.nwahec.org/63870)*

### **Best Practices in Opioids Prescribing and Management: Vulnerable Populations and Opioid Prescribing and Management: Geriatrics**

Jennifer Gabbard, MD - Assistant Professor of Internal Medicine, Program Director of Hospice and Palliative Medicine Fellowship, Department of Internal Medicine, Section of Gerontology and Geriatrics, Wake Forest School of Medicine

Upon completion of the activity, participants should be better able to:

- Practice interviewing and screening older individuals using evidence-based tools and techniques.
- Employ evidence based practices to manage pain in older adults using updated prescribing guidelines.
- Identify and analyze the impact that age-related physiologic and psychosocial changes have regarding opioid use in the geriatric population.

*Register for this session at [www.nwahec.org/63860](http://www.nwahec.org/63860)*

## Cost and Registration

\$ 10 — Registration fee for a single lecture.

Participants may view any or all of the 10 lectures. Participants do not need to view all 10 lectures to receive credit.

**Registration fee** includes instructional, administrative costs, certificate of completion and program materials.

**Register and pay online** at [northwestahec.org](http://northwestahec.org) or complete and return the attached registration form.

Payment by credit card (Visa, MasterCard, American Express) is accepted online. Cash, money order, personal check, corporate check or WFBMC internal transfer is accepted in person or by mail.

**Payment Policy:** Payment is required on or before entrance into any Northwest AHEC activity. If a corporate payment has not been received before the activity start date, you will be required to provide a personal credit card or check. If and when the corporate payment has been received, Northwest AHEC will issue a full refund based on your original form of payment. To avoid personal payment, you should check with the financial staff at your organization to determine status of payment before the event date.

**Refund Policy:** Cancellations received in our office at least two weeks (14 business days) before the activity will receive a 100 percent refund. Registrants cancelling between two weeks and two full business days prior to the first day of the event will be refunded at 70 percent of the registration fee subject to a minimum \$25 cancellation fee. The registration fee will not be refunded if a cancellation is received less than two days before the activity. Cancellations must be in writing (fax, email or mail). You may send a substitute in your place.

When planning for an educational activity, registration fees are not based on credit hours or agenda. Registration fees are based on expenses such as equipment, technology services, staff, etc., and are not adjusted by issues such as cancellation of speakers or other unforeseen circumstances. Every effort will be given to ensure the activity is a success.

If you have not received confirmation of your registration 24 hours before the program date, please call Amanda Pearson at 336-713-7715 or email [awpearso@wakehealth.edu](mailto:awpearso@wakehealth.edu) to verify the status of your registration.

## Location

Northwest AHEC Online and Blended Learning

Your PC, laptop, or mobile device

*Instructions for accessing recorded lectures will be emailed to you with your registration confirmation letter.*

## For More Information and Assistance

If you have questions about registering for this activity or need auxiliary aids or special services to attend, please contact Amanda Pearson at least five working days before the activity by calling 336-713-7715 or emailing [awpearso@wakehealth.edu](mailto:awpearso@wakehealth.edu)

# Registration Form

## Best Practices in Opioids Prescribing and Management

Register online at [www.nwahec.org](http://www.nwahec.org)

August 15, 2020 – August 15, 2022

- \$10 — Registration fee for *individual lecture* (**Please indicate lecture(s) below**)
- Vulnerable Populations and Opioid Prescribing and Management: Hospice
  - Opioids and Opioid Use in Youth (under 21)
  - Opioids and Opioid Use Disorders: Where Are We Now
  - Non-Pharmacologic Integrative Medicine Approaches for Managing Pain
  - Opioid Use Disorder: Signs and Symptoms, Levels of Care, Referral Sources and Assessment Tools
  - Substance Use Disorder Treatment in the Age of Social Distancing
  - Substance Use Disorder: Treating Homelessness and Special Populations
  - Pearls of Wisdom and Lines in the Sand: Scope and Management of Opioid Use During Pregnancy
  - Balancing an Epidemic of Opioid Misuse and Abuse with the Ethical Duty to Treat Pain
  - Vulnerable Populations and Opioid Prescribing and Management: Geriatrics

Participants may choose any or all lectures. Please be sure to indicate which lecture (s) you would like to attend at \$10 per lecture.

Primary phone # (last 4 digits only):     \* required

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First Name MI Last Degrees (e.g., MD)

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Profession Job Title

\_\_\_\_\_  
Home Address City State Zip County

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Home Phone Cell Phone

\_\_\_\_\_  
Employer

\_\_\_\_\_  
Employer Address City State Zip County

**Email Required:**

\_\_\_\_\_  
Employer phone Employer Fax

Preferred Email  Home Email  Work Email

By providing your fax number, email address and telephone number, you have granted permission for us to contact you via the numbers and address indicated.

### Three Ways to Register:

- ▶ Register online at [www.nwahec.org](http://www.nwahec.org) (Recommended)
- Make check payable to Wake Forest University Health Sciences  
Mail with registration form, to:  
Wake Forest School of Medicine / NW AHEC  
Medical Center Boulevard, Winston-Salem, NC 27157-1060  
Attention: Amanda Pearson  
or fax to: 336-713-7701

WFBMC Internal Transfer: 25-digit chartfield # \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Employer will make payment. Supervisor completes below and faxes registration to 336-713-7701.

\_\_\_\_\_  
Supervisor's Name (Printed)

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Phone

By signing, I am certifying that agency payment will follow. If you have a balance due and do not attend or send a substitute, you will be invoiced for the full program fee.