## 3rd Annual

# Addiction Research & Clinical Health (ARCH) Symposium Making the Connection: Exploring the Intersectionality of Social Justice and Addiction Care

Sept. 9 – 11, 2021 Interactive Livestream Webinar

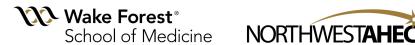
# **Program Overview & Objectives**

This year's Addiction Research & Clinical Health Symposium aims to identify, discuss, and review information and strategies that promote evidence-based integrated addiction services. The emphasis of the Symposium is on socialjustice and equity-based addiction services across the care spectrum.

Upon completion of this program, participants will be

- · Discuss current epidemiology of the drug overdose crisis.
- · Identify the social and political factors that contribute to the existence and propagation of opioid use and other substance use in racial and ethnic minority communities and the associated risks therein.
- Review how racism impacts drug policy and access to effective treatment.
- · Discuss tools that can improve health outcomes for racial and ethnic minorities with substance use disorders, including non-traditional research modalities, which may be more culturally acceptable for this population.
- · Recommend policy, program, and practice solutions including de-stigmatization and harm reduction to address equity and overdose.
- · Describe new research on the diagnosis and treatment of sexually compulsive and addictive behavior.
- · Analyze the ethical issues about the utility and appropriateness of incentive based Contingency Management.
- · Name two medications with evidence for efficacy in the treatment of methamphetamine use disorder.
- · Identify the therapeutic mechanisms and evaluate the efficacy of Mindfulness-Oriented Recovery Enhancement (MORE) for reducing opioid misuse, craving, and pain.
- Apply the core communication skills of Motivational Interviewing for addiction treatment.
- Explain how syndemics theory can be applied to generate HIV and substance use intervention targets.
- · Identify key aspects that shape the legal cannabis market in the U.S. and how this could impact the community, particularly minorities.
- · Discuss three components of trauma-informed supervision practice and how to apply those components with co-occurring issues.
- Describe best practices for treatment of substance use disorders among women involved in the criminal justice system.

Jointly sponsored by Wake Forest University Graduate School of Arts and Sciences and Northwest Area Health Education Center (AHEC), a program of Wake Forest School of Medicine and part of the NC AHEC System









# Who Should Participate

This program is beneficial to Family Medicine Physicians, Physician Assistants, Nurse Practitioners, Nurses, Pharmacists, Health Educators, Psychologists, Counselors, Licensed Clinical Addiction Specialists, Marriage and Family Therapists, Social Workers, Students and other care providers.

As part of our commitment to diversity and inclusion, the Northwest AHEC provides compassionate education and respectful care for all, regardless of socioeconomic status, race, ethnicity, language, nationality, sex, gender identity, sexual orientation, religion, geography, disability and age.

## Credits

- Up to 16.75 Contact Hours from Northwest AHEC
- The North Carolina Addictions Specialist Professional Practice Board has approved this workshop for 16.75 Substance Abuse Specific hours, Approval #21-447-S.
- Northwest AHEC is recognized by the North Carolina Psychology Board as an approved provider of (Category A)
   Continuing Education for North Carolina Licensed Psychologists. This program will provide 16.75 contact hours of
   (Category A) continuing education for North Carolina psychologists. No partial credit will be given
- 16.75 NBCC Contact Hours. Northwest AHEC and Wake Forest University Graduate School of the Arts and Sciences are cosponsors of this program. This cosponsorship has been approved by NBCC. Northwest AHEC is an NBCC Approved Continuing Education Provider, ACEP No. 5465. The ACEP solely is responsible for this program, including the awarding of NBCC credit.



# **Cost and Registration**

Registration fee:

\$100 One Day / \$175 Two Days / \$250 Three Days

Registration fee includes administrative costs instructional materials, certificate of completion, and program materials. Register and pay online at <a href="https://www.northwestahec.org">www.northwestahec.org</a> or complete and return the attached registration form. Payment by credit card (Visa, MasterCard, and American Express) accepted online. Personal check, corporate check or WFBMC internal transfer accepted by mail.

Payment Policy — Payment is required on or before entrance into any Northwest AHEC activity. If a corporate payment has not been received prior to the activity start date, you will be required to provide a personal credit card or check. To avoid personal payment, you should check with the financial staff at your organization to determine status of payment. If and when the corporate payment is received, Northwest AHEC will issue a full refund based on your original form of payment.

Refund Policy—Cancellations received in our office at least two weeks (14 business days) before the activity will receive a 100% refund. Registrants cancelling between two weeks and two full business days before the first day of the event will be refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee. The registration fee will not be refunded if a cancellation is received less than two days before the activity. Cancellations must be in writing (fax, email or mail). You may send a substitute in your place.

When planning for an educational activity, registration fees are not based on credit hours or agenda. Registration fees are based on expenses such as meeting room rentals, equipment, staff, etc., and are not adjusted by issues such as cancellation of speakers or other unforeseen circumstances. Every effort will be given to ensure the activity is a success. If you have not received confirmation of your registration 24 hours before the program date, please call Amanda Pearson at 336-713-7715 or email awpearso@wakehealth.edu to verify the status of your registration. Attendance at this activity grants permission for Northwest AHEC to use any photographs, audio, video, or other images from this activity for promotional oreducational purposes. Please notify a Northwest AHEC staff member if you have concerns.

## For More Information and Assistance

If you have questions about registering for this activity or need auxiliary aids or special services to attend, please contact Amanda Pearson at least five working days before the activity by calling 336-713-7715 or emailing awpearso@wakehealth.edu.

# **Speakers**

### Stephanie Carnes, PhD, CSAT-S, LMFT

President, International Institute for Trauma and Addiction Professionals Senior Fellow, Meadows Behavioral Healthcare

#### H. Westley Clark, MD, JD, MPH

Dean's Executive Professor of Public Health, Santa Clara University

#### Adriane dela Cruz, MD, PhD

Assistant Professor, UT Southwestern Medical Center, Department of Psychiatry

### Eric Garland, PhD, LCSW

Distinguished Endowed Chair for Research
Distinguished Professor
and Associate Dean for Research
College of Social Work, University of Utah
Director, Center on Mindfulness and Integrative Health
Intervention Development

# Yasmin Gay, PhD, LCMHC, LCAS, CCS, MAC, CRC, CC IP

Assistant Professor, Wake Forest School of Medicine

#### Abenaa Jones, PhD

Assistant Professor, Human Development and Family Studies, The Pennsylvania State University

#### Ayana Jordan, MD, PhD

Assistant Professor of Psychiatry, Yale University

## Sebastian G. Kaplan, PhD

Associate Professor, Psychiatry and Behavioral Medicine, Wake Forest University School of Medicine

#### Amanda Latimore, PhD

Director, Center for Addiction Research and Effective Solutions (CARES)

### Derrick Matthews, PhD

Assistant Professor, Department of Health Behavior, Gillings School of Global Public Health, University of North Carolina at Chapel Hill

### E. Alfonso Romero-Sandoval, MD, PhD

Associate Professor of Anesthesiology, Wake Forest University School of Medicine

## Zachary Siegel MA

Journalist

#### Elizabeth H. Shilling, PhD, LCMHC, LCAS, CSI

Assistant Professor, Director of Specialized Counseling Intervention and Training, Department of Surgery, Wake Forest School of Medicine Director, Addiction Research & Clinical Health Masters of Science Program, Wake Forest University

#### Sheila P. Vakharia, PhD, MSW

Deputy Director, Department of Research and Academic Engagement, Drug Policy Alliance

#### Sarah Wakeman, MD

Medical Director, Mass General Substance Use Disorder Initiative Associate Professor of Medicine, Harvard Medical School

# Agenda

## Thursday, Sept. 9, 2021

8 am Opening Remarks - Dr. Elizabeth Shilling
 8:15 am Trauma-Informed Supervision with Co-Occurring Addiction and Mental Health Dr. Elizabeth Shilling and Dr. Yasmin Gay
 9:30 am Break
 10 am Conflicts in Form: Operationalizing Contingency Management in the Context of Social Justice and Attitudes about those with Substance Use Disorders - Dr. H. Westley Clark
 11:15 am Lunch
 Noon Substance Use Disorders Among Women Involved in the Criminal Justice System: Incorporating Best Practices to Develop

Dr. Abenaa Jones

1:15 pm Break

1:45 pm Motivational Interviewing in Addiction Care

Comprehensive Interventions.

Dr. Sebastian Kaplan

3 pm Break

3:30 pm Mindfulness-Oriented Recovery Enhancement: Clinical Efficacy and Biobehavioral Mechanisms of a Neuroscience-Based Treatment for Opioid Misuse and Chronic Pain - Dr. Eric Garland

4:45 pm Closing Remarks – Dr. Elizabeth Shilling

5 pm Adjourn

## Friday, Sept. 10, 2021

8 am Welcome

8:15 am A Public Health Perspective on Substance Use

Disorders - Dr. Amanda Latimore

9:30 am Break

10 am HIV and Substance Use: Syndemics and

Intersectionality as a Roadmap for Intervention

Dr. Derrick Matthews

11:15 am Lunch

Noon Building Systems of Care to Address the

Overdose Crisis - Dr. Sarah Wakeman

1:15 pm Break

1:45 pm Advances in Addiction Care and Harm Reduction

Dr. Sheila Vakharia

3 pm Break

3:30 pm The Not-So-Hidden Epidemic of Compulsive

and Addictive Sexual Behavior: Diagnosis and Implications for Treatment - Dr. Stefanie Carnes

4:45 pm Closing Remarks

5 pm Adjourn

## Saturday, Sept. 11, 2021

8 am Welcome

8:15 am The Legal Cannabis Market in the USA and its

Implications to Pain Patients and Minorities

Dr. Edgar Alfonso Romero-Sandoval

9:15 am Break

9:45 am Strengthening Minoritized Communities by

Providing Culturally-Informed Treatment for Substance Use Disorders - Dr. Ayana Jordan

10:45 am Break

11 am Evidence-Based Pharmacotherapy for the

Treatment of Methamphetamine Use Disorder

Dr. Adriane de la Cruz

12 pm Lunch

12:45 pm De-stigmatizing Substance Use in the Media

Zach Siegel

2 pm Closing Remarks – Dr. Elizabeth Shilling

2:15 pm Adjourn

# **Registration Form**

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Sept. 9 - 11, 2021						
□ \$100 One Day / □ \$1	75 Two Days / □ \$250 Thre	e Days				
Phone # (last 4 digits on	nly):	*required				
First Name	MI	Last		Degrees (e.g., MD)		
Profession		Job Title				
Home Address		City	State	Zip	County	
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By providing your fax numbers and address indicates	ber, email address and telephor cated.	ne number, you have grar	nted permission fo	or us to conta	ct you via the	
Please register ONLINE a	ut www.northwest.org/6497	5 (Recommended)				
OR select one of the follo	owing options:					
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☐ WFBMC Internal Tran	sfer: 25-digit chartfield #					
☐ Employer Payment: S	supervisor completes below	and faxes registration t	o 336-713-7701			
Supervisor's Name (Printed)		Signature	Signature		Phone	
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