

# Best Practices in the Prevention and Treatment of Disordered Eating Series

February 19 – June 18, 2021

1 pm – 2 pm

Livestream webinar via WebEx



Register online at [www.nwahec.org](http://www.nwahec.org)

## Program Overview and Objectives

This series of one-hour lectures will provide health care providers with best practices for prevention, screening, identification and treatment of disordered eating.

Upon completion of the activity, participants should be better able to:

- Recognize the complications that may arise in ED patients with regard to the specific system (body, social, psychological) being discussed.
- Identify when, how, and to whom referrals should be made regarding these complications.
- Incorporate attentive, inclusive and comprehensive care for their patients who may be struggling with eating disorders and their complications.

## Lecture Dates and Details

February 19, 2021 – Treating Black Women with Eating Disorders

Mazella Fuller, PhD, MSW, LCSW, CEDS, Duke University Student Affairs and Charlynn Small, PhD, CEDS-S, University of Richmond

Register online at [www.nwahec.org/65178](http://www.nwahec.org/65178)

March 19, 2021 – The Developing Mind of the Male Eating Disorder

Tyler Wooten, MD, Eating Recovery Center, Dallas

Register online at [www.nwahec.org/65247](http://www.nwahec.org/65247)

April 16, 2021 – When Atypical is Typical: Anorexia in Diverse Bodies

Dr. Elizabeth Wassenaar, MS, MD, CEDS, University of Colorado Anschutz Medical Campus and

Meredith Nisbet, MS, LMFT, Eating Recovery Center and Pathlight Behavioral Health

Register online at [www.nwahec.org/65249](http://www.nwahec.org/65249)

May 21, 2021 – Managing GI Conditions in Clients with Eating Disorders

Beth Rosen, MS, RD, CDN, Goodness Gracious Living Nutrition

Register online at [www.nwahec.org/65250](http://www.nwahec.org/65250)

June 18, 2021 – Integrating Exposure and Response Prevention and Acceptance and Commitment Therapy in the Treatment of Binge Eating Disorder

Catherine Ruscitti, PsyD, CEDS, Clinical Director at Eating Recovery Center of Houston

Register online at [www.nwahec.org/65303](http://www.nwahec.org/65303)

Register for the series of all 5 lectures at [www.nwahec.org/65332](http://www.nwahec.org/65332)

## Who Should Attend

This activity has been designed for: Physicians, Physician Assistants, Nurse Practitioners, Social Workers, Counselors, Psychologists, Therapists, Registered Dietitians, Residents and Fellows.

Provided by:

Northwest Area Health Education Center (AHEC), a program of Wake Forest School of Medicine and a part of the North Carolina AHEC System and the Winston Salem Eating Disorders Coalition.



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School of Medicine

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## Credit

Each lecture will provide the following credit:

- 1.0 Contact Hour from Northwest AHEC  
Nurses: This educational activity (1.0 contact hour) can be applied toward your continuing competence plan for maintaining your current licensure with the North Carolina Board of Nursing.
  - This program will provide 1.0 contact hour of (Category A) continuing education for North Carolina psychologists.  
No partial credit will be given.
  - Application will be submitted to the Commission on Dietetic Registration for 1.0 CPEUs.
  - 1.0 NBCC Contact Hour. Northwest AHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5465. Programs that do not qualify for NBCC credit are clearly identified. Northwest AHEC is solely responsible for all aspects of the program.
  - The Wake Forest School of Medicine designates this live activity for a maximum of 1 *AMA PRA Category 1 Credits™*. Physicians: only the credit commensurate with the extent of their participation in the activity.
- Accreditation: The Wake Forest School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



## Cost and Registration

\$ 20 — Registration fee per lecture

\$ 85 — Registration fee for series (all 5 lectures)

Instructions for accessing the program by WebEx will be sent via email with your confirmation letter.

Registration fee includes instructional, administrative costs, certificate of completion and online access to handouts.

Register and pay online at [northwestahec.org](http://northwestahec.org) or complete and return the attached registration form. Payment by credit card (Visa, MasterCard, American Express) is accepted online. Cash, money order, personal check, corporate check or WFBMC internal transfer is accepted in person or by mail.

**Payment Policy:** Payment is required on or before entrance into any Northwest AHEC activity. If a corporate payment has not been received before the activity start date, you will be required to provide a personal credit card or check. If and when the corporate payment has been received, Northwest AHEC will issue a full refund based on your original form of payment. To avoid personal payment, you should check with the financial staff at your organization to determine status of payment before the event date.

**Refund Policy:** Cancellations received in our office at least two weeks (14 business days) before the activity will receive a 100 percent refund. Registrants cancelling between two weeks and two full business days prior to the first day of the event will be refunded at 70 percent of the registration fee subject to a minimum \$25 cancellation fee. The registration fee will not be refunded if a cancellation is received less than two days before the activity. Cancellations must be in writing (email). You may send a substitute in your place.

When planning for an educational activity, registration fees are not based on credit hours or agenda. Registration fees are based on expenses such as meeting room rentals, equipment, technology services, staff, etc., and are not adjusted by issues such as cancellation of speakers or other unforeseen circumstances. Every effort will be given to ensure the activity is a success.

If you have not received confirmation of your registration 24 hours before the program date, please call Amanda Pearson at 336-713-7715 or email [awpearso@wakehealth.edu](mailto:awpearso@wakehealth.edu) to verify the status of your registration.

**Note —** Attendance at this activity grants permission for Northwest AHEC to use any photographs, audio, video, or other images from this activity for promotional or educational purposes. Please notify a Northwest AHEC staff member if you have concerns.

## Location

Livestream webinar via WebEx

Your PC, laptop, or mobile device

*Instructions for accessing the WebEx will be emailed to you with your registration confirmation letter.*

## For More Information and Assistance

If you have questions about registering for this activity or need auxiliary aids or special services to attend, please contact Amanda Pearson at least five working days before the activity by calling 336-713-7715 or emailing [awpearso@wakehealth.edu](mailto:awpearso@wakehealth.edu).

# Registration Form

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☐ June 18, 2021- Integrating Exposure, Response Prevention and Acceptance and Commitment Therapy in the Treatment of Binge Eating Disorder

Primary phone # (last 4 digits only):

\* required

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First Name	MI	Last	Degrees (e.g., MD)	
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Profession	Job Title
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Home Address	City	State	Zip	County
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Home Phone	Cell Phone
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Employer
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Employer Address	City	State	Zip	County
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Employer phone	Employer Fax
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Email Required:

☒ Preferred Email

☐ Home Email

☐ Work Email

By providing your fax number, email address and telephone number, you are granting permission for us to contact you via the numbers and address indicated.

Three Ways to Register:

► Register online at [www.nwahec.org](http://www.nwahec.org) (Recommended)

☐ Make check payable to Wake Forest University Health Sciences

Mail with registration form, to:

Wake Forest School of Medicine / NW AHEC

Medical Center Boulevard, Winston-Salem, NC 27157-1060

Attention: Amanda Pearson

or fax to: 336-713-7701

☐ WFBMC Internal Transfer: 25-digit chartfield # \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

☐ Employer will make payment. Supervisor completes below and faxes registration to 336-713-7701.

Supervisor's Name (Printed)	Signature	Phone
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By signing, I am certifying that agency payment will follow. If you have a balance due and do not attend or send a substitute, you will be invoiced for the full program fee.