

2022 Geriatric Conference: Healthy Aging for the Future

May 5, 2022

8:30 am – 3:30 pm

Participate Live via WebEx

Program Overview and Objectives

The 2022 Geriatric Conference Planning Committee invites you to join us in promoting the strengths of today's older adults. It is important for health professionals to meet the needs of our aging society.

The annual educational event provides up-to-date, patient-centered and evidence-based practices to help meet the needs of geriatrics professionals from many disciplines.

Upon completion of the program, participants should be better able to:

- Discuss the role of Community Health Workers in reaching underserved populations.
- Describe the concepts of death and dying and how they impact in the elderly.
- Review and discuss how substance use affects the aging population.
- Describe how COVID-19 stress transforms the present and future of the older adult.
- Identify key positive approaches to dementia care in the elderly.

Who Should Participate

This activity is designed for nurses, social workers, pharmacists, psychologists, counselors, nursing home administrators, nurse practitioners and all other health care professionals interested in the health of older adults.

As part of our commitment to diversity and inclusion, the Northwest AHEC provides compassionate education and respectful care for all, regardless of socioeconomic status, race, ethnicity, language, nationality, sex, gender identity, sexual orientation, religion, geography, disability and age.

Provided by:

Northwest Area Health Education Center (AHEC), a program of Wake Forest School of Medicine and part of the NC AHEC System with support from The UNC Center for Aging and Health, Carolina Geriatric Education Center.



continued ▶

Credits

- 0.525 CEUs from Northwest AHEC
- 5.25 Contact Hours from Northwest AHEC
- Northwest AHEC is recognized by the North Carolina Psychology Board as an approved provider of (Category A) Continuing Education for North Carolina Licensed Psychologists. This program will provide 5.25 contact hours of (Category A) continuing education for North Carolina psychologists. No partial credit will be given.
- 5.25 NBCC Contact Hours
Northwest AHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5465. Programs that do not qualify for NBCC credit are clearly identified. Northwest AHEC is solely responsible for all aspects of the program.
- 5.25 Nursing Contact Hours
Northwest Area Health Education Center (NWAHEC) is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.



Criteria for successful completion requires attendance for at least 90% of the activity and submission of the evaluation.

Credit will be awarded based on participant selection at time of registration. Before selecting credits, please review our general [CREDIT GLOSSARY](#), but note not all programs offer all credits.

Faculty

Honey Yang Estrada, MPH, CHW

President

North Carolina Community Health Worker Association

Shevel Mavins, MS

Addiction-Prevention, LLC, Owner/CEO

International Trainer/Public Speaker

Retreats/Self-Care Coaching

Creator and Host of the Embrace Wellness Podcast

Beth Nolan, PhD

Director of Research and Policy/Lead Trainer

Positive Approach®, LLC

Kaii Marie Robertson

Kaii Marie, LLC, Owner/CEO

International Trainer/Public Speaker

Creator and Host of the Healing Element Podcast

Yoga Instructor

Keith Stirewalt, PA-C, MBA MDiv

Program Director

FaithHealth Clinical Medicine

Division of FaithHealth/Chaplaincy and Clinical Ministries

Agenda

Thursday, May 5, 2022

8:30 am **Tech Check-in**

8:55 am **Welcome**

9 am **Positive Approaches to Dementia Care**
Beth Nolan, PhD

10 am **Break**

10:15 am **Hidden in Plain Sight: The Older Adult Substance Use Epidemic**
Shevel Mavins, MS and Kaii Marie Robertson

11:15 am **Break**

11:30 am **What Matters Most at End of Life: Lessons Taught, Lessons Learned**
Rev. Keith Stirewalt, PA-C, MBA, MDiv

12:30 pm **Lunch**

1 pm **Community Health Workers: Reaching the Minority Elderly Populations**
Honey Estrada, MPH, CHW

2 pm **Break**

2:15 pm **The Effects of COVID-19 Stress on the Elderly**
TBD

3:15 pm **Closing Remarks**

3:30 pm **Adjourn**

Cost and Registration

\$105 – Registration fee

This project is supported by funds from the Bureau of Health Professions (BHP), Health Resources and Services Administration (HRSA), Department of Health and Human Services (DHHS) under grant number #2U1QHP28734 *Carolina Geriatric Workforce Enhancement Program*. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by the BHP, HRSA, DHHS or the U.S. Government.

The UNC Center for Aging and Health, Carolina Geriatric Education Center also provided support for this activity.

Registration fee includes instructional and administrative costs, certificate of completion and program materials.

Register and pay online at northwestahec.org or complete and return the attached registration form. Payment by credit card (Visa, MasterCard and American Express) accepted online. Personal check, corporate check, money order, or AHWFB internal transfer accepted by mail.

Payment Policy—Payment is required on or before entrance into any Northwest AHEC activity. If a corporate payment has not been received prior to the activity start date, you will be required to provide a personal credit card or check. To avoid personal payment, you should check with the financial staff at your organization to determine status of payment. If and when the corporate payment is received, Northwest AHEC will issue a full refund based on your original form of payment.

Refund Policy— Cancellations received in our office at least two weeks (14 business days) before the activity will receive a 100% refund. Registrants cancelling between two weeks and two full business days prior to the first day of the event will be refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee. The registration fee will not be refunded if a cancellation is received less than two days before the activity. Cancellations must be in writing (fax, email or mail). You may send a substitute in your place.

When planning for an educational activity, registration fees are not based on credit hours or agenda. Registration fees are based on expenses such as meeting room rentals, food, equipment, technology services, staff, etc., and are not adjusted by issues such as cancellation of speakers or other unforeseen circumstances. Every effort will be given to ensure the activity is a success.

Note—Attendance at this activity grants permission for Northwest AHEC to use any photographs, audio, video, or other images from this activity for promotional or educational purposes. Please notify a Northwest AHEC staff member if you have concerns.

For More Information and Assistance

If you have not received your confirmation within 24 hours of the program date or have questions regarding the event, registration or fee(s), please contact Gail Pawlik at 336-713-7761 or email gpawlik@wakehealth.edu.

We want to ensure all participants can benefit from our program. If you need auxiliary aids or special services to attend this program, please call Gail Pawlik at least five working days prior to the program.

Registration Form

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Register at www.nwahec.org/67367

\$105 – Registration fee

Phone # (last 4 digits only): * required

First Name	MI	Last	Degrees (e.g., MD)		
Profession		Job Title			
Home Address		City	State	Zip	County
Home Phone		Cell Phone			
Employer					
Employer Address		City	State	Zip	County
Employer Phone		Employer Fax			

Email Required:

Preferred Email Home Email Work Email

By providing your fax number, email address and telephone number, you have granted permission for us to contact you via the numbers and address indicated.

Please register **ONLINE** at www.nwahec.org/67367 (Recommended)

OR select one of the following options:

- Make check payable** to "Wake Forest University Health Sciences" and mail, with registration form, to:
Wake Forest School of Medicine / NW AHEC
Medical Center Boulevard, Winston-Salem, NC 27157-3311
Attention: Gail Pawlik
or fax to: 336-713-7701

- Atrium Health Internal Transfer:**

----- **Project #** -----
Comp Op Unit Cost Ctr Nat Acct Program Fund

- Employer Payment:** Supervisor completes below and faxes registration to 336-713-7701.

Supervisor's Name (Printed) Signature Phone

By signing, I am certifying that agency payment will follow. I understand that if I have a balance due and do not attend or send a substitute, I will be invoiced for the full program fee.