18th Annual

Breast Cancer Symposium

Oct. 6, 2023

8:30 am-4:30 pm

In-person!

Benton Convention Center Gaines Ballroom 301 W 5th Street Winston-Salem, NC

Program Overview

The optimal treatment of breast cancer patients involves a multidisciplinary team of physicians. Due to the time constraints placed on health care providers who treat breast cancer, it is a challenge to provide and attend educational opportunities that bring together medical, surgical, and radiation oncologists as well as radiologists, pathologists, nurses and allied health staff. This symposium aims to address this educational need by providing participants with the latest developments in multidisciplinary fields that treat and care for breast cancer patients.

Who Should Participate

This activity is designed for physicians (oncologists, radiation oncologists, surgeons, plastic surgeons, gynecologists, family and primary care), physician assistants, radiology technicians, nurse practitioners, oncology nurses and other nurses who care for breast cancer patients in different practice settings.

As part of our commitment to diversity and inclusion, the Northwest AHEC provides compassionate education and respectful care for all, regardless of socioeconomic status, race, ethnicity, language, nationality, sex, gender identity, sexual orientation, religion, geography, disability and age.



Objectives

Upon completion of this activity, participants should be better able to:

- Describe the care of young women with breast cancer
- Make informed decisions about when to use genetic panel testing in the diagnosis and management of breast cancer patients.
- Discuss the latest breast reconstructive techniques.
- Describe benign breast disease.
- Identify the newest techniques in breast imaging.

Provided by:

Northwest Area Health Education Center (AHEC), a program of Wake Forest University School of Medicine and part of the NC AHEC System.





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Agenda

8:30 am Registration

8:50 am Welcome

Marissa Howard-McNatt, MD

9 am Contrast Enhanced Mammography vs. 3D Mammography

Kelly B. Cronin, MD

9:35 am The New Class of Oral SERDS in the Management of ER + Breast Cancer

Antoinette R. Tan, MD

10:10 am Break

10:25 am Keynote - Advances and Treatments for Lymphedema: Prevention, Detection, and Management

Sarah A. McLaughlin, MD

11:10 am Genetic Testing for Breast Cancer and Any New Updates

Daniel R. Morrice, MS, CGC

11:45 am Surgical Management in Breast Cancer and Young Women

Christine V. Pestana, MD

12:20 pm Lunch/Exhibitors

1 pm Options for Breast Reconstruction for Breast Cancer

Ivo A. Pestana, MD

1:35 pm Great Debate: De-Escalation of Breast Radiation for Conservative Treatment of

Stage I, Hormone Sensitive, HER-2 Negative, Breast Cancer Using Oncotype Score

Laura F. Allen, MD and Doris Brown, MD

2:10 pm Benign Breast Disease

Marissa Howard-McNatt, MD

2:45 pm Risk of Hair Loss with Chemotherapy

Katherine C. Ansley, MD

3:20 pm Pathologic Differences in Different Types of Breast Cancer

Daniel Coldren, MD

3:55 pm Survivor Panel

4:30 pm Adjourn

Faculty

Keynote Speaker Sarah McLaughlin, MD, FSSO

Dr. Sarah McLaughlin is a Professor of Surgery at the Mayo Clinic in Jacksonville, Florida. She graduated from the University of Missouri-Kansas City Medical School with distinction. Within the Mayo Clinic, she is a member of the Mayo Clinic Board of Governors and a member of the Florida Executive Operations Leadership Team, Division Chair of General Surgery Mayo Clinic Florida, and the Medical Director of the Robert and Monica Jacoby Center for Breast Health.



Laura F. Allen, MD

Assistant Professor Radiation Oncology

Doris Brown, MD

Wake Forest University School of Medicine

Assistant Professor Radiation Oncology Wake Forest University School of Medicine

Daniel Coldren, MD

Assistant Professor Department of Pathology Wake Forest University School of Medicine

Kelly Cronin, MD Clinical Assistant Professor Radiology Wake Forest University School of Medicine Marissa Howard-McNatt, MD

Professor Surgical Sciences - Oncology Wake Forest University School of Medicine

Katherine C. Ansley MD

Assistant Professor Hematology/Oncology Wake Forest University School of Medicine

Daniel R. Morrice, MS, CGC

Genetic Counselor Atrium Health Wake Forest Baptist Comprehensive Cancer Center

Christine V. Pestana, MD

Assistant Professor Surgical Sciences - Oncology Wake Forest University School of Medicine Ivo A. Pestana, MD Professor

Plastic and Reconstructive Surgery Wake Forest University School of Medicine

Antoinette R. Tan, MD

Clinical Professor

Hematology and Oncology

Atrium Health

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Credit

 Wake Forest University School of Medicine designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credit(s)TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Accreditation: Wake Forest University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

• 6.5 Nursing Contact Hours

Northwest Area Health Education Center (NWAHEC) is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Criteria for successful completion requires attendance for at least 90% of the activity and submission of the evaluation.

- Activity approved by ASRT for 5.5 Category A continuing education credit.
- 6.5 Contact Hours

ANCC and the North Carolina Board of Nursing accepts AMA PRA Category 1 Credits™ from the organizations accredited by the Accreditation Council for Continuing Medical Education (ACCME).

 AAPA accepts certificate of participation for educational activities certified for AMA PRA Category 1 Credits™ rom organizations accredited by ACCME or a recognized state medical society. Physician Assistants may receive a maximum of 6.5 hours of credit for completing this program.

Credit will be awarded based on participant selection at time of registration. Before selecting credits, please review our general Credit Glossary but note not all programs offer all credits.

Registering for and attending this program authorizes Northwest AHEC/Wake Forest University School of Medicine to take pictures to be used for the Center's publications, website (including social media sites) and presentations.

Registration Fee

\$125 if registered by 9/8 \$150 if registered after 9/8

\$25 Resident Fee

Register and pay online at nwahec.org/70956 or complete and return the attached registration from. Payment by credit card (Visa, MasterCard, American Express and Discover) or Atrium Health Wake Forest Baptist internal transfer accepted online. Personal check, corporate check, money order, accepted by mail.

Payment Policy:

Payment is required on or before entrance into any Northwest AHEC activity. If a corporate payment has not been received prior to the activity start date, you will be required to provide a personal credit card or check. If the corporate payment has not been received two weeks post activity, your personal credit card or check will be charged or cashed. To avoid personal payment, you should check with the financial staff at your organization to determine status of payment.

Refund Policy:

Cancellations received in our office at least two weeks (14 business days) before the activity will receive a 100 percent refund. Registrants cancelling between two weeks and two full business days prior to the first day of the event will be refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee. The registration fee will not be refunded if a cancellation is received less than two days before the activity. Cancellations must be in writing (email). You may send a substitute in your place.

Note—If you have not received confirmation of your registration 24 hours before the program date, please call Michelle Adams at 336-713-7726 or email micadms@wakehealth.edu to verify the status of your registration.

For More Information and Assistance

Register online at <u>www.nwahec.org/70956</u> or use the form below

Registration Form \$125 if registered by 9/8 / \$150 after 9/8					
\$25 Resident Fee					
Last 4 digits of Primary Phone Number: * required					
First Name MI	Last		Degrees (e.g., MD)		
Profession	Job Title				
Home Address	City	State	Zip	County	
Home Phone	Cell Phone				
Employer					
Employer Address	City	State	Zip	County	
Employer Phone	Employer Fax				
Email required:					
☑ Preferred Email ☐ Home Email By providing your fax number, email address and the numbers and address indicated. Ways to Register:	telephone number, you ha	□ Work ave granted pe		us to contact yo	
Register online at www.nwahec.org/70	0956				
Make check payable to: Wake Forest Universit Mail registration form and payment to: Wake F Medical Center Boulevard, Winston-Salem, No Attention: Michelle Adams	y Health Sciences Forest University School of	f Medicine / NV	V AHEC		
□ Atrium Health Internal Transfer:				Project	
	Op Unit Cost Ctr Na			. — — -	
☐ Employer will make payment. Supervisor comp	oletes below and faxes reg	gistration to 336	5-713-7701.		
Supervisor's Name (Printed)	Signature		P	none	
By signing, I am certifying that agency payment	•	alance due and			