

25th Annual Diabetes Management Conference

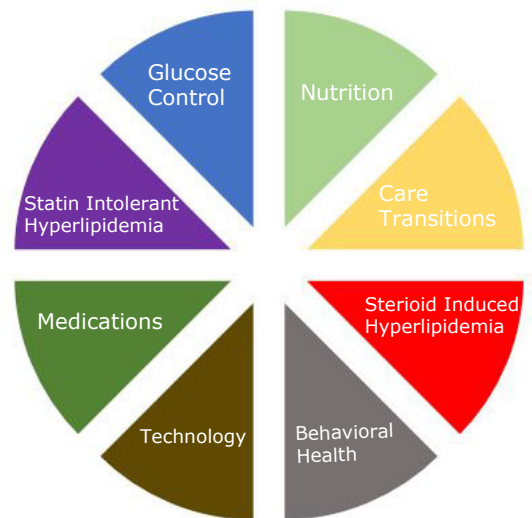
Friday, November 17, 2023

8:30 am – 3:30 pm

In-person!

Wake Forest University Bridger Field House
499 Deacon Blvd
Winston-Salem, NC 27105

[25th Annual Diabetes Management Conference](#)



Overview

This conference is designed to provide diabetes best practices for healthcare professionals. Participants will gain knowledge about specific topics in the field of diabetes management. It is imperative that providers remain educated in all aspects of their patients' care, from clinical management to behavior and quality of life.

Objectives

Upon completion of the activity, you should be better able to:

- Identify the roles of an inpatient glucose management team and approaches to patient transition to outpatient.
- Review updated pharmacotherapy options and how to implement best practices for diabetes management.
- Discuss strategies for sustainable nutritional management in people living with diabetes.
- Describe factors leading to sustained motivation for patients with diabetes.
- Discuss steroid-induced hyperglycemia and management.
- Describe statin-resistant hyperlipidemia and treatment strategies.
- Discuss use of current automated insulin delivery systems and considerations for management.

Who Should Participate

This knowledge-based activity is designed to provide nurses, pharmacists, dietitians, physicians, PAs, NPs, and other healthcare professionals with the most current trends and continuum-of-treatment strategies for patients with diabetes.

As part of our commitment to diversity and inclusion, the Northwest AHEC provides compassionate education and respectful care for all, regardless of socioeconomic status, race, ethnicity, language, nationality, sex, gender identity, sexual orientation, religion, geography, disability and age.

Provided by:

Northwest Area Health Education Center (AHEC), a program of Wake Forest University School of Medicine and a part of the NC AHEC System, with Atrium Health Wake Forest Baptist Diabetes and Endocrinology Center.

Agenda

Friday, November 17, 2023

- 7:15 am Registration, Breakfast and Exhibits
- 8:15 am **Opening Remarks**
Julienne K. Kirk, PharmD, CDCES, BCPS, CPP
- 8:30 am **Inpatient Glucose Management: The Team**
Joseph Aloï, MD
Sonya D. H. Jeffries, NP-C, BC-ADM, CDCES
- 9:30 am **Engaging with Patients to Enhance Care**
Sebastian Kaplan, PhD
- 10:30 am **Current Automated Insulin Delivery Systems and Considerations for Management**
Emily Matney, RN, CDCES
- 11:30 am **How Sweet It Is: Updates in Diabetes Medication Management**
Allison Presnell, PharmD, BCACP, BC-ADM, CPP
- 12:30 pm Lunch and Exhibits (**Lunch will be provided**)
- 1:30 pm **Beyond Statins: Therapeutic Options for Treatment of Hypercholesterolemia**
Danielle W. Raymer, PharmD, BCACP, CPP
- 2 pm **Steroid-Induced Hyperglycemia**
Cathrine Constantacos, MD, FAAP
- 2:30 pm **Optimizing Meal Planning for Patients with Diabetes**
Leigh Anne Charles, RD/LDN, CDCES
- 3:30 pm Closing Remarks and Adjourn

Credits

- 6.0 Contact Hours from Northwest AHEC.
- 0.6 CEUs from Northwest AHEC.
- Pending CDR approval for 6 CEUs.
- 6.0 AAFP Prescribed. This live activity, the 25th Annual Diabetes Conference with a beginning date of 11/17/23 has been reviewed and is acceptable for up to 6 Prescribed credits by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP Prescribed credit is accepted by the American Medical Association as equivalent to *AMA PRA Category 1 Credit™* toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed credit, not as Category 1.

- 6.0 Nursing Contact Hours.

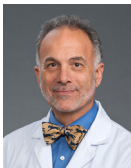
Northwest Area Health Education Center (NWAHEC) is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

- **6.0 ACPE Credits (ACPE program 0046-9999-23-190-L01-P).**



Criteria for successful completion requires attendance for at least 90% of the activity and submission of the evaluation. Credit will be awarded based on participant selection at time of registration. Before selecting credits, please review our general [Credit Glossary](#) but note not all programs offer all credits.

Diabetes Conference Presenters



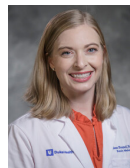
Joseph Aloï, MD
Professor of Internal Medicine
Chief, Section on Endocrinology and Metabolism
Executive Director Endocrinology, Obesity & Metabolism Service Line,
Atrium Health Wake Forest Baptist



Emily Matney, RN, CDCES
Diabetes Education Program Coordinator
Diabetes and Endocrinology Center
Atrium Health Wake Forest Baptist



Cathrine Constantacos, MD, FAAP
Associate Professor of Pediatrics
Medical Director, Brenner Children's Pediatric Subspecialty Clinics
Department of Pediatrics, Endocrinology, WFUSM



Allison Presnell, PharmD, BCACP, BC-ADM, CPP
Clinical Pharmacist Practitioner
Duke Family Medicine Center
Duke Health



Juliëne K. Kirk, PharmD, CDCES, BCPS, CPP
Professor, Department of Family and Community Medicine
Wake Forest University School of Medicine
Diabetes and Endocrinology Center
Atrium Health Wake Forest Baptist



Danielle W. Raymer, PharmD, BCACP, CPP
Clinical Pharmacist – Cardiology
Center for Prevention of Cardiovascular Disease



Leigh Anne Charles, RD/LDN, CDCES
Certified Diabetes Care and Education Specialist
Diabetes and Endocrinology Center
Atrium Health Wake Forest Baptist



Sebastian Kaplan, PhD
Behavioral Health, Psychiatry
Atrium Health Wake Forest Baptist



Sonya D. H. Jeffries, NP-C, BC-ADM, CDCES
Lead APP
Internal Medicine, Section on Endocrinology and Metabolism
Atrium Health Wake Forest Baptist

Cost and Registration

\$150– Early bird registration fee, if registered by Oct. 17, 2023

\$170– Registration fee after Oct. 17, 2023

Registration fee includes instructional, administrative, technical costs.

Register and pay online at northwestahec.org using a credit card (Visa, MasterCard, Discover, American Express) or complete and return the attached registration form by mail with payment included. Personal check or corporate check is accepted in person or by mail.

When planning for an educational activity, registration fees are not based on credit hours or agenda. Registration fees are based on expenses such as meeting room rentals, equipment, staff, etc., and are not adjusted by issues such as cancellation of speakers or other unforeseen circumstances. Every effort will be given to ensure the activity is a success.

Payment Policy: Payment is required on or before entrance into any Northwest AHEC activity. If a corporate payment has not been received before the activity start date, you will be required to provide a personal credit card or check. If and when the corporate payment has been received, Northwest AHEC will issue a full refund based on your original form of payment. To avoid personal payment, you should check with the financial staff at your organization to determine status of payment prior to the event date.

Refund Policy: Cancellations received in our office at least two weeks (14 business days) before the activity will receive a 100 percent refund. Registrants cancelling between two weeks and two full business days prior to the first day of the event will be refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee. The registration fee will not be refunded if a cancellation is received less than two days before the activity. Cancellations must be in writing (fax, email or mail). You may send a substitute in your place. Please email Amanda Pearson at awpearso@wakehealth.edu to change the status of your registration.

If you have not received confirmation of your registration 24 hours before the program date, please call Amanda Pearson at 336-713-7715 or email awpearso@wakehealth.edu to verify the status of your registration.

Note — By registering for this activity, your name and email address may be shared with AHWFB Diabetes and Endocrinology Center, which is a partner of this continuing education activity.

Attendance at this activity grants permission for Northwest AHEC and AHWFB Diabetes and Endocrinology Center to use any photographs, audio, video, or other images from this activity for promotional or educational purposes. If you do not wish to be photographed, you may opt out of photographs the day of the activity. Please notify a Northwest AHEC staff member if you have concerns.

Handouts

Instructions on how to access the handouts will be emailed included in your confirmation letter. Please note that all handouts may not be available until Nov. 16, 2023.

For More Information and Assistance

If you have questions about registering for this activity or need auxiliary aids or special services to attend, please contact Amanda Pearson at least five working days before the activity at 336-713-7715 or email awpearso@wakehealth.edu.

Registration Form

25th Annual Diabetes Management Conference

November 17, 2023 / 8:30 am – 3:30 pm

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Please select registration fee (**required***).

- \$150– Early bird registration fee, if registered by Oct. 17, 2023
- \$170– Registration fee after Oct. 17, 2023

Primary phone # (last 4 digits only):

* required

First Name MI Last Degrees (e.g., MD)

Profession Job Title

Home Address City State Zip County

Home Phone Cell Phone

Employer

Employer Address City State Zip County

Email (**Required**):

Employer phone Employer Fax

Preferred Email: Home Email Work Email

By providing your fax number, email address and telephone number, you have granted permission for us to contact you via the numbers and address indicated.

Ways to Register:

- [Register online at www.nwahec.org/70988](http://www.nwahec.org/70988)
- Make check payable to Wake Forest University Health Sciences and mail registration form and payment to:
Wake Forest University School of Medicine / NW AHEC
Medical Center Boulevard, Winston-Salem, NC 27157-3311
Attention: Amanda Pearson

ACPE Credit (Pharmacy only)
NABP #
PIN (mmdd of birthday)

Atrium Health Wake Forest Baptist Internal Transfer: _____ Project _____
Comp Op Unit Cost Ctr NatAcct Program Fund

Employer will make payment. Supervisor completes below and faxes registration to 336-713-7701.

Supervisor's Name (Printed)

Signature

Phone

By signing, I am certifying that agency payment will follow. If you have a balance due and do not attend or send a substitute, you will be invoiced for the full program fee.