NCPAT Conference: Developing an Effective Program to Address Abusive Behaviors

July 27-28, 2023

Live Webinar

Program Overview and Objectives

Working with abusive partners in a group setting can be both challenging and incredibly rewarding. This two-day training will offer concepts, skills, and perspectives on how to enhance your group work with this population. The first day will focus on enhancing group facilitation including working with resistance, creating a positive peer culture, how to shift your facilitation style based on the functional level of the group, and deepening your critical thinking and confrontational skills. Time will also be spent identifying some of the most common and challenging types of group members and how to most effectively work with them. Attendees will be encouraged to share their own knowledge and wisdom of how to do this work. The second day will focus on ways to enhance the structure and curriculum of abuse intervention groups by providing an overview of the Allies in Change model and curriculum, highlighting the most innovative and important aspects of



this approach. Aspects of the Allies in Change model and curriculum can easily be integrated into a preexisting abuse intervention program. This training will have valuable and validating content for seasoned facilitators while also being appropriate for those newer to the field.

Upon completion of this program, participants should be better able to:

- Describe how to balance confrontation and support with group members.
- Explain how to modify your facilitation style to work effectively with the functional level of the group.
- Describe common issues in facilitation including self-disclosure, rule enforcement, counter-transference, and encouraging member-to-member exchanges.
- List specific interventions to utilize with common challenging group member styles.
- Identify three common drivers of abusive and controlling behavior and how to effectively address each of them.
- Explain how use of a check-in board, journals, and a dialogical approach can improve group focus and growth.
- Describe multiple new concepts and tools to improve accountability, understanding, and facilitate change in group members.

Who Should Attend

This conference will be beneficial to providers of abuser treatment, law enforcement, social workers, victim advocates, clergy, health care professionals, peer support specialists, marriage and family therapists, licensed professional counselors, substance abuse counselors and psychologists.

As part of our commitment to diversity and inclusion, the Northwest AHEC provides compassionate education and respectful care for all, regardless of socioeconomic status, race, ethnicity, language, nationality, sex, gender identity, sexual orientation, religion, geography, disability and age.

Jointly Provided by:

NC Providers of Abuser Treatment (NCPAT), NC Council for Women, Mecklenburg County Community Support Services and Northwest Area Health Education Center (AHEC), a program of Wake Forest University School of Medicine and a part of the NC AHEC System.











Credits

- 13.0 Contact Hours from Northwest AHEC
- This program does not provide specific NBCC Credits. However, per LCMHC licensure guidelines, you
 may submit up to 15.0 contact hours of continuing education by attending programs by affiliates of the
 National Area Health Education Center Organization (NAO). Northwest AHEC is a member of the NAO.

Credit will be awarded based on participant selection at time of registration. Before selecting credits, please review our general <u>Credit Glossary</u>. Please note not all programs offer all credits.

Faculty

Chris Huffine, Psy.D., licensed psychologist, has worked with abusive men for over 30 years. He is the Executive Director of Allies in Change in Portland, Oregon. During his career he has worked with thousands of abusive men and hundreds of female and male victims of abuse. He is considered to be a national expert on working with abusive partners and has provided trainings around the country, including a semi-annual 27-hour training in Portland on the Allies in Change curriculum. He is the author of "Becoming Allies . . . With Your Partner, Yourself, and Others: Addressing the Abuse and Control in Your Relationships", a comprehensive book for abusive partners on identifying and changing their patterns of abuse and control.

Allies in Change is a 501c3 non-profit based in Portland, Oregon. It offers approximately thirty weekly groups for abusive partners, including specialized groups for voluntary attendees, women, and one multigender group for LGBTQ+ abusive partners. Of particular note, Allies in Change works with about 70 voluntary abusive partners, more than any other agency in the country.

Cost and Registration

NCPAT Member Registration Day 1 Only	NCPAT Member Registration Day 2 Only	NCPAT Member Registration Day 1 & 2
\$75 per individual	\$75 per individual	\$150 per individual
\$50 group rate per person	\$50 group rate per person	\$100 group rate per person

^{*}NCPAT Member group rates apply to any participant from an organization with an institutional membership

NCPAT Non-Member Registration Day 1 Only	NCPAT Non-Member Registration Day 2 Only	NCPAT Non-Member Registration Day 1 & 2	
\$175 per individual	\$175 per individual	\$350 per individual	
\$150 group rate per person	\$150 group rate per person	\$300 group rate per person	

^{*} Non-member group rates apply to two or more participants registering together from the same organization.

Become a Member of NC Providers of Abuser Treatment (NCPAT) and save on conference fees!

NCPAT Membership Dues

- \$50 Individual membership
- \$100 Institutional membership for programs with 1-10 staff, including contract staff
- \$150 Institutional membership for programs with over 10 staff, including contract staff

Register and pay online at www.northwestahec.org or complete and return the attached registration form. Payment by credit card (Visa, MasterCard, Discover, American Express), cash, money order, personal check or corporate check is accepted. Internal Transfer available online.

Payment Policy—Payment is required on or before entrance into any Northwest AHEC activity. If a corporate payment has not been received prior to the activity start date, you will be required to provide a personal credit card or check. If and when the corporate payment is received, Northwest AHEC will issue a full refund based on your original form of payment. To avoid personal payment, you should check with the financial staff at your organization to determine status of payment.

Refund Policy—Cancellations received in our office at least two weeks (14 business days) before the activity will receive a 100% refund. Registrants cancelling between two weeks and two full business days before the first day of the event will be refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee. The registration fee will not be refunded if a cancellation fee is received less than two days before the activity. **Cancellations must be sent via email.** You may send a substitute in your place.

When planning for an educational activity, registration fees are not based on credit hours or agenda. Registration fees are based on expenses such as equipment, technology services, staff, etc., and are not adjusted by issues such as cancellation of speakers or other unforeseen circumstances. Every effort will be given to ensure the activity is a success.

If you have not received confirmation of your registration 24-hours before the program date, please call Lisa Thomas at 336-713-7729, or email <u>lisathom@wakehealth.edu</u>, to verify the status of your registration. The link to the webinar will be emailed in your confirmation letter approximately 1 week before the course and the day before.

Note—Registering for and attending this program authorizes Northwest AHEC/Wake Forest University School of Medicine to take pictures to be used for the Center's publications, website (including social media sites) and presentations. If you do not wish to be photographed, you may opt out of photographs the day of the activity.

More Information or Assistance

If you have questions about registering for this activity or need auxiliary aids or special services to attend, please contact Lisa Thomas at least five working days before the activity by emailing <u>lisathom@wakehealth.edu</u> or calling 336-713-7729.

Registration Form

NCPAT Conference July 27-28, 2023

Register online at northwestahec.org

NCPAT Member							
□ \$75 — Registration fee for one day - select one: □							
□ \$150 — Registration fee for full two-day conference □ \$50 — Group rate per person for one day - select of							
□ \$100 — Group rate per person for two day conference							
NCPAT Non-Member							
□ \$175 — Registration fee for one day - select one: □ Thursday or □ Friday □ \$350 — Registration fee for full two-day conference □ \$150 — Group rate per person for one day - select one: □ Thursday or □ Friday □ \$300 — Group rate per person for two day conference							
* Email or mail group registrations <u>together</u> to: Wake Forest University School of Medicine / NWAHEC Medical Center Blvd., Winston-Salem, NC 27157-3311							
Attn: Lisa Thomas (<u>lisathom@wakehealth.edu</u>)							
NCPAT Membership Fees (Optional): \$50— Individual \$100— Institutional member 1-10 staff, including contract staff \$150— Institutional members over 10 staff, including contract staff							
Primary Phone # (last 4 digits only):	* required						
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Please register ONLINE at www.nwahec.org/713	317 (Recommended)						
OR select one of the following options:							
☐ Make check payable to "Wake Forest University Health Sciences" and mail, with registration form, to:							
Wake Forest University School of Medicine / NW AHEC Medical Center Boulevard, Winston-Salem, NC 27157-3311							
Attention: Lisa Thomas Atrium Health Internal Transfer:		. Р	roiect				
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☐ Employer Payment: Supervisor completes below							

Supervisor's Name (Printed)

Signature

Phone