

Basic Fetal Monitoring - Fall 2024

October 9, 2024

9 am–3 pm

Registration opens at 8:30 am

In-person!

Program Overview

This program will introduce basic fetal monitoring principles to the new perinatal nurse.

Who Should Participate

Nurses with less than one year of experience with EFM.

As part of our commitment to diversity and inclusion, the Northwest AHEC provides compassionate education and respectful care for all, regardless of socioeconomic status, race, ethnicity, language, nationality, sex, gender identity, sexual orientation, religion, geography, disability and age.

Faculty

Tammy J. Goodwin, MSN, RN-C-OB, C-EFM

Nurse Manager, Women's & Children

2 Med Surg East

Novant Health Thomasville Medical Center

Thomasville, NC

Location

Wake Forest Biotech Place

Room 153 A/B

575 N. Patterson Avenue

Winston-Salem, NC 27101

View parking map [here](#).

Provided by:

Northwest Area Health Education Center (AHEC), a program of Wake Forest University School of Medicine and part of the NC AHEC System.



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Register online at northwestahec.org

Objectives

Upon completion of this knowledge-based program, participants should be better able to:

- Understand basic physiology of the fetal heart rate.
- Demonstrate the use of the National Institute of Child Health and Human Development (NICHD) monitoring definitions.
- Discuss advantages/disadvantages of different monitoring modalities.
- Interpret results of common antenatal testing.
- Interpret fetal heart rate patterns using a systematic approach and approved NICHD definitions.
- Discuss physiologic interventions for intrauterine resuscitation.
- Demonstrate communication strategies for the effective interdisciplinary collaboration surrounding fetal monitoring.



Wake Forest University
School of Medicine

NORTHWEST AHEC
PART OF NC AHEC

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Credit

- 5.0 Contact Hours from Northwest AHEC
- 5.0 Nursing Contact Hours

Northwest Area Health Education Center (NWAHEC) is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Criteria for successful completion requires attendance for at least 90% of the activity and submission of the valuation.

Credit will be awarded based on participant selection at time of registration. Before selecting credits, please review our general [Credit Glossary](#) but note not all programs offer all credits.

Registering for and attending this program authorizes Northwest AHEC/Wake Forest University School of Medicine to take pictures to be used for the Center's publications, website (including social media sites) and presentations.

Registration

\$105 — Registration fee

\$95 — Group rate per person when a group of three or more registrations are scanned and attached to the same email or mailed in the same envelope or in the same fax.

Register and pay online at www.nwahec.org/73134 or complete and return the attached registration from. Payment by credit card (Visa, MasterCard, American Express and Discover) or Atrium Health Wake Forest Baptist internal transfer accepted online. Personal check, corporate check, money order, accepted by mail.

Payment Policy:

Payment is required on or before entrance into any Northwest AHEC activity. If a corporate payment has not been received prior to the activity start date, you will be required to provide a personal credit card or check. If the corporate payment has not been received two weeks post activity, your personal credit card or check will be charged or cashed. To avoid personal payment, you should check with the financial staff at your organization to determine status of payment.

Refund Policy:

Cancellations received in our office at least two weeks (14 business days) before the activity will receive a 100 percent refund. Registrants cancelling between two weeks and five full business days prior to the first day of the event will be refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee. The registration fee will not be refunded if a cancellation is received less than five days before the activity. Cancellations must be in writing (email). You may send a substitute in your place.

Note — If you have not received confirmation of your registration 24 hours before the program date, please call Gail Pawlik at 336-713-7761 or email gpawlik@wakehealth.edu to verify the status of your registration.

For More Information and Assistance

If you have any questions regarding registration, please contact Gail Pawlik by email at gpawlik@wakehealth.edu or by phone at 336-713-7761. Any requests for special services or auxiliary aids should be made to Gail Pawlik at least five days prior to the activity.

Agenda

Wed., Oct. 9, 2024

- 8:30 am Registration Begins
- 9 am Introduction to Basic Fetal Monitoring
Basic Anatomy & Physiology
Equipment & Technology
Antenatal Testing
- 10 am Break
- 10:15 am Terminology for FHR Interpretation
Systematic Analysis of Tracings
Risk Factors Impacting FHR
- 11:15 am Lunch on your own
- 12:15 pm Physiological Interventions
Standards of Care
- 1 pm Break
- 1:15 pm Case Studies
Documentation
- 2 pm Q&A
- 3 pm Adjourn

For More Information and Assistance

If you have questions about registering or need auxiliary aids or special services to attend this program, please contact Gail Pawlik at least five working days prior to the program by calling 336-713-7761 or emailing gpawlik@wakehealth.edu.

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Register online at www.nwahec.org/73134 or use the form below

Registration Form

Please select registration fee:

- \$105— Individual rate per person
- \$95— Group rate per person when a group of three or more registrations are scanned and attached to the same email or mailed in the same envelope or included in the same fax.

Please select request for credit.
(See credit section of brochure for details.)

- 5.0 Contact Hours
- 5.0 Nursing Contact Hours

Primary Phone # (last 4 digits only): * required

First Name	MI	Last	Degrees (e.g., MD)		
Profession		Job Title			
Home Address		City	State	Zip	County
Home Phone		Cell Phone			
Employer					
Employer Address		City	State	Zip	County
Employer Phone		Employer Fax			

Email required: _____
 Preferred Email Home Email Work Email

By providing your fax number, email address and telephone number, you have granted permission for us to contact you via the numbers and address indicated.

Ways to Register:

- Please register **ONLINE** at www.nwahec.org/73134 (recommended)
 Visa, MasterCard, Discover Card and American Express accepted online only.
- Make check payable** to: Wake Forest University Health Sciences and mail, with registration form, to:
 Wake Forest University School of Medicine / NW AHEC
 Medical Center Boulevard, Winston-Salem, NC 27157-3311
 Attention: Gail Pawlik
- AHWFB Transfer:** _____ **Project** _____
 Comp Op Unit Cost Ctr Nat Acct Program Fund
- Employer Payment:** Supervisor to complete the below and return to gpawlik@wakehealth.edu or fax to 336-713-7701.

Supervisor's Name (Printed) _____ Signature _____ Phone _____

By signing, I am certifying that agency payment will follow. I understand that if I have a balance due and do not attend or send a substitute that I will be invoiced for the full program fee.