After Discharge: Maternal and Infant Assessment in the Home

October 23, 2024 9 am – 2:15 pm

Live Webinar

Program Overview

This activity will increase the ability of the provider to perform a home visit for a new postpartum family.

Who Should Participate

This program will be beneficial to nurses and other health care providers in health departments, hospitals, and home health agencies who are interested in the care of childbearing families.

As part of our commitment to diversity and inclusion, the Northwest AHEC provides compassionate education and respectful care for all, regardless of socioeconomic status, race, ethnicity, language, nationality, sex, gender identity, sexual orientation, religion, geography, disability and age.

Objectives

Upon completion of this knowledge-based program, participants should be better able to:

- Differentiate normal and abnormal postpartum assessment findings in the new mother.
- Formulate a plan of care for assessment of perinatal depression.
- Examine the critical elements necessary to complete a thorough newborn assessment.
- Discuss strategies for supporting breastfeeding in the home.
- Implement culturally competent assessment strategies to address the diverse needs of postpartum mothers and infants, ensuring equitable care and support across varying socioeconomic, racial, and ethnic backgrounds.
- Identify strategies for increasing personal safety while performing a home assessment.



Credit

- 4.25 Contact Hours from Northwest AHEC
- 4.25 Nursing Contact Hours

Northwest Area Health Education Center (NWAHEC) is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Criteria for successful completion requires attendance for at least 90% of the activity and submission of the evaluation.

Credit will be awarded based on participant selection at time of registration. Before selecting credits, please review our general <u>Credit Glossary</u> but note not all programs offer all credits.

Provided by:

Northwest Area Health Education Center (AHEC), a program of Wake Forest University School of Medicine and part of the NC AHEC System.





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Agenda

October 23, 2024

8:30 am Tech Check - In

8:55 am Welcome

9 am Postpartum Maternal Assessment in the Home -

Red Flags

Angela Plott, MSN, RN

10 am Perinatal Depression Assessment in the Home

Angela Plott, MSN, RN

10:45 am Break

11 am Newborn Assessment in the Home

Angela Plott, MSN, RN

12 pm Lunch

12:30 am Supporting Nutrition in the Home

Georganna Cogburn, MSHE, RD, LDN, IBCLC, RLC

1:30 am Break

1:40 pm Personal Safety When Visiting -

Facilitated Discussion
Stephanie Yoder, MSN, RN

2:15 pm Adjourn

For More Information and Assistance

If you have any questions regarding registration, please contact Samantha Garvens by email, sagarvens@wakehealth.edu or by phone at 336-713-7754. Any requestss for special services or auxiliary aids should be made to Samantha Garvens at least five days prior to the activity.

Faculty

Georganna Cogburn, MSHE, RD, LDN, IBCLC, RLC

Regional Lactation Trainer MAHEC Regional Services

Angela P. Plott, MSN, RN

Course Coordinator

Rowan-Cabarrus Community College

Stephanie Yoder, MSN, RN

Nurse Educator Northwest AHEC

Registration Fee

\$85 - Individual

\$75 - Groups of three or more, registering together

Register and pay online at nwahec.org/73752 or complete and return the attached registration from. Payment by credit card (Visa, MasterCard, Discover Card and American Express) or Atrium Health Wake Forest Baptist internal transfer accepted online. Personal check, corporate check, money order, accepted by mail.

Payment Policy:

Payment is required on or before entrance into any Northwest AHEC activity. If a corporate payment has not been received prior to the activity start date, you will be required to provide a personal credit card or check. If the corporate payment has not been received two weeks post activity, your personal credit card or check will be charged or cashed. To avoid personal payment, you should check with the financial staff at your organization to determine status of payment.

Refund Policy:

Cancellations received in our office at least two weeks (14 business days) before the activity will receive a 100 percent refund. Registrants cancelling between two weeks and five full business days prior to the first day of the event will be refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee. The registration fee will not be refunded if a cancellation is received less than five days before the activity. Cancellations must be in writing (email). You may send a substitute in your place.

Note—If you have not received confirmation of your registration 24 hours before the program date, please call Samantha Garvens at 336-713-7754 or email sagarvens@wakehealth.edu to verify the status of your registration.

Registering for and attending this program authorizes Northwest AHEC/ Wake Forest University School of Medicine to take pictures to be used for the Center's publications, website (including social media sites) and presentations.