

Trauma – Informed Care and Intellectual/Developmental Disabilities

February 6, 2025

10 am–12 pm

Live Webinar

Program Overview

According to research, people with intellectual/developmental disabilities (I/DD) are more likely to experience trauma than those without I/DD. The interplay of I/DD and trauma can result in high levels of distress for individuals, which, when unaddressed, can lead to poor outcomes and further trauma. The trainer will utilize case studies and research to describe trauma in the I/DD community, as well as provide information about trauma-informed care. Trainer will utilize evidence-based practices (positive psychology and the neuro-sequential model) to discuss effective ways to prevent and intervene in crises for people who have co-occurring I/DD and trauma.



Register online at northwestahec.org

Who Should Participate

This training is intended for behavioral health professionals, including social workers, counselors, psychologists, and therapists, as well as school staff, I/DD habilitation programs, care coordinators, family support programs, and/or families.

As part of our commitment to diversity and inclusion, the Northwest AHEC provides compassionate education and respectful care for all, regardless of socioeconomic status, race, ethnicity, language, nationality, sex, gender identity, sexual orientation, religion, geography, disability and age.

Objectives

Upon completion of this program, participants will be able to:

- Explain trauma, including “big-T,” “little-t,” and complex trauma.
- Define intellectual/developmental disability (I/DD).
- Discuss the impact of trauma on individuals with I/DD, including rates of reported trauma as well as ways that trauma may present in individuals with I/DD.
- Describe components of trauma-informed care and considerations for people with I/DD.
- Outline positive psychology practices to mitigate the impact of trauma on and build resilience in individuals with I/DD.
- Apply Dr. Bruce Perry’s neuro-sequential model to design support for individuals with I/DD experiencing trauma responses.
- Identify resources and strategies to address trauma in the I/DD community.

Provided by:

Northwest Area Health Education Center (AHEC), a program of Wake Forest University School of Medicine and part of the NC AHEC System.

Cost and Registration

\$50—Registration fee

Registration fee includes instructional and administrative costs, certificate of completion, and program materials.

Refund Policy— Cancellations received in our office at least two weeks (14 business days) before the activity will receive a 100 percent refund. Registrants cancelling between two weeks and five full business days prior to the first day of the event will be refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee. The registration fee will not be refunded if a cancellation is received less than five days before the activity. Cancellations must be in writing (email). You may send a substitute in your place.

When planning for an educational activity, registration fees are not based on credit hours or agenda. Registration fees are based on expenses such as equipment, technology services, staff, etc., and are not adjusted by issues such as cancellation of speakers or other unforeseen circumstances. Every effort will be given to ensure the activity is a success.

Credit

- 2.0 Contact Hours from Northwest AHEC
Licensed Clinical Social Workers may use contact hours from Northwest AHEC for license renewal.
Northwest AHEC is recognized by the North Carolina Psychology Board as an approved provider of (Category A) Continuing Education for North Carolina Licensed Psychologists. This program will provide 2.0 contact hours of (Category A) continuing education for North Carolina psychologists. No partial credit will be given.
- 2.0 NBCC Contact Hours
Northwest AHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5465. Programs that do not qualify for NBCC credit are clearly identified. Northwest AHEC is solely responsible for all aspects of the program.
- The North Carolina Addictions Specialist Professional Practice Board has approved this workshop for 2.0 General Skills Building hours, Approval #25-019-G.



For More Information and Assistance

If you have any questions regarding registration, please contact Jasmine Mickens by email, jmickens@wakehealth.edu or by phone at 336-713-7757. Any requests for special services or auxiliary aids should be made to Jasmine Mickens at least five days prior to the activity.

Note – If you have not received confirmation of your registration 24 hours before the program date, please call Jasmine Mickens at 336-713-7757 or email jmickens@wakehealth.edu to verify the status of your registration.

Faculty

Eileen Slade, LCSW, is the assistant director of NC START Central, where she engages in systemic crisis prevention and intervention work for children and adults with I/DD. She received her MSW from UNC Chapel Hill in 2013 and has been doing various kinds of social work in the I/DD field since. She is a sibling of a person with I/DD, which informs her passion for developing inclusive, accessible, and neurodiversity-affirming social spaces.

This presenter is being supported through a partnership between UNC-CH, School of Social Work and the NCAHEC Program.

Agenda

Thursday February 6, 2025

9 am Defining and contextualizing trauma in the I/DD community

10 am Approaches to addressing trauma (trauma-informed care, positive psychology, and the neuro-sequential model)

10:45 am Question/Answer

11 am Adjourn