

The High Risk Newborn: Sharing the Care 2025

Wednesday, May 14, 2025

9 am – 1:30 pm

Live Webinar

Objectives

Upon completion of this knowledge-based program, participants should be better able to:

- Recognize early indicators of neonatal sepsis.
- Implement evidence-based protocols and interventions for timely treatment and prevention of sepsis progression in neonatal intensive care settings.
- Identify the short- and long-term physiological, neurological, and behavioral effects of prenatal substance exposure on newborns.
- Develop effective care strategies to manage withdrawal symptoms, support neurodevelopment, and engage families in the care of substance-exposed infants.
- Evaluate the unique nutritional challenges and requirements of high-risk newborns to support growth and development
- Implement effective feeding strategies to address feeding difficulties and promote optimal outcomes
- Explore the psychological and physical effects of chronic stress and secondary trauma in neonatal care settings and recognize signs of burnout and compassion fatigue.
- Develop practical tools and strategies, including mindfulness, peer support, and organizational interventions to promote well-being and resilience.

Provided by:

Northwest Area Health Education Center (AHEC), a program of Wake Forest University School of Medicine and part of the NC AHEC System. Speaker support provided by Duke AHEC.



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[Register online at northwestahec.org](https://northwestahec.org)

Program Overview

The goal of this program is to enhance the health care professional's understanding of current management techniques in providing care to the high-risk infant.

Who Should Participate

This program will be beneficial to nurses, advanced practice providers, social workers, and other healthcare professionals involved in the care of the high-risk infant.

As part of our commitment to diversity and inclusion, the Northwest AHEC provides compassionate education and respectful care for all, regardless of socioeconomic status, race, ethnicity, language, nationality, sex, gender identity, sexual orientation, religion, geography, disability and age.



Wake Forest University
School of Medicine

NORTHWEST AHEC

PART OF NC AHEC

DUKE AHEC
PART OF NC AHEC

RECRUIT
TRAIN
RETAIN

The High Risk Newborn: Sharing the Care 2025

Agenda

Wednesday, May 14, 2025

- 8:30 am Tech Check In
- 8:55 am Welcome
- 9 am Proactive Sepsis Management: Identifying and Addressing Early Symptoms
Desi Newberry, DNP, NNP-BC
- 10 am Providing Specialized Care for Substance-Exposed Infants
Jennifer Check, MD, MS
- 11 am Lunch
- 11:30 am Optimizing Feeding Strategies for High-Risk Newborns
Kathleen Ayers, RDN, LDN
- 12:30 pm Building Resilience: Supporting Healthcare Professionals in Managing Stress and Trauma
Cindy Vice, RN, CWC, HN-BC
- 1:30 pm Adjourn

Faculty

Kathleen Ayers, RDN, LDN

Clinical Dietitian/Nutritionist
Neonatal Intensive Care and Pediatrics
Atrium Wake Forest Baptist Health

Jennifer Check, MD, MS

Associate Professor, Pediatrics-Neonatology
Wake Forest University School of Medicine

Desi Newberry, DNP, NNP-BC

Neonatal Nurse Practitioner, Clinical Associate Professor
Duke University School of Nursing
This presenter is supported through a partnership between Duke University School of Nursing and the NCAHEC program

Cindy Vice, RN, CWC, HN-BC

Teammate Wellness Program Leader
LiveWELL Care Nurse Navigator
Atrium Health Floyd

For More Information and Assistance

If you have any questions regarding registration, please contact Samantha Garvens by email, sagarvens@wakehealth.edu or by phone at 336-713-7754. Any requests for special services or auxiliary aids should be made to Samantha Garvens at least five days prior to the activity.

Credit

- 4.0 Contact Hours from Northwest AHEC
- 4.0 Nursing Contact Hours

Northwest Area Health Education Center (NWAHEC) is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Criteria for successful completion requires attendance for at least 90% of the activity and submission of the evaluation.

Credit will be awarded based on participant selection at time of registration. Before selecting credits, please review our general [Credit Glossary](#) but note not all programs offer all credits.

Registration Fee

\$80 - Registration Fee

\$70 - Groups of 3 or More

Register and pay online at nwahec.org/74603 or complete and return the attached registration form. Payment by credit card (Visa, MasterCard, Discover Card and American Express) or Atrium Health Wake Forest Baptist internal transfer accepted online. Personal check, corporate check, money order, accepted by mail.

Payment Policy:

Payment is required on or before entrance into any Northwest AHEC activity. If a corporate payment has not been received prior to the activity start date, you will be required to provide a personal credit card or check. If the corporate payment has not been received two weeks post activity, your personal credit card or check will be charged or cashed. To avoid personal payment, you should check with the financial staff at your organization to determine status of payment.

Refund Policy:

Cancellations received in our office at least two weeks (14 business days) before the activity will receive a 100 percent refund. Registrants cancelling between two weeks and five full business days prior to the first day of the event will be refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee. The registration fee will not be refunded if a cancellation is received less than five days before the activity. Cancellations must be in writing (email). You may send a substitute in your place.

Note—If you have not received confirmation of your registration 24 hours before the program date, please call Samantha Garvens at 336-713-7754 or email sagarvens@wakehealth.edu to verify the status of your registration.

Attendance at this activity grants permission for Northwest AHEC to use any photographs, audio, video, or other images from this activity for promotional or educational purposes. Please notify a Northwest AHEC staff member if you have concerns.

Register online at www.nwahec.org/74603 or use the form below

Registration Form

- \$80 — Registration fee
- \$70 — Groups of 3 or more

Please select request for credit:
(See Credit section of brochure for details)

- Contact Hours
- Nursing Contact Hours

Last 4 digits of Primary Phone Number: * required

 First Name MI Last Degrees (e.g., MD)

 Profession Job Title

 Home Address City State Zip County

 Home Phone Cell Phone

 Employer

 Employer Address City State Zip County

 Employer Phone Employer Fax

Email required:
 Preferred Email Home Email Work Email

By providing your fax number, email address and telephone number, you have granted permission for us to contact you via the numbers and address indicated.

Ways to Register:
 ▶ Register online by clicking the following link: www.nwahec.org/74603 (recommended)
 Visa, MasterCard, Discover Card and American Express accepted online only.
 Payment by check option also available.

Make check payable to Wake Forest University Health Sciences and mail with registration form to:
 Wake Forest University School of Medicine / NW AHEC
 Medical Center Boulevard, Winston-Salem, NC 27157-3311
 Attention: Samantha Garvens

Atrium Health Wake Forest Baptist Internal Transfer:
 _____ Project # _____
 Comp Op Unit Cost Ctr Nat Acct Program Fund

Employer will make payment. Supervisor completes below and emails to PA Name@wakehealth.edu

 Supervisor's Name (Printed) Signature Phone

By signing, I am certifying that agency payment will follow. If you have a balance due and do not attend or send a substitute, you will be invoiced for the full program fee.