

# After Discharge: Maternal and Infant Assessment in the Home

September 9, 2025

9 am–2:15 pm

**Live Webinar**

## Program Overview

This activity will increase the ability of the provider to perform a home visit for a new postpartum family.

## Who Should Participate

This program will be beneficial to nurses and other health care providers in health departments, hospitals, and home health agencies who are interested in the care of childbearing families.

As part of our commitment to diversity and inclusion, the Northwest AHEC provides compassionate education and respectful care for all, regardless of socioeconomic status, race, ethnicity, language, nationality, sex, gender identity, sexual orientation, religion, geography, disability and age.

## Credit

- 4.25 Contact Hours from Northwest AHEC
- 4.25 Nursing Contact Hours

Northwest Area Health Education Center (NWAHEC) is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Criteria for successful completion requires attendance for at least 90% of the activity and submission of the evaluation.

Credit will be awarded based on participant selection at time of registration. Before selecting credits, please review our general [Credit Glossary](#) but note not all programs offer all credits

Provided by:

Northwest Area Health Education Center (AHEC), a program of Wake Forest University School of Medicine and part of the NC AHEC System.



Register online at [northwestahec.org](http://northwestahec.org)

## Objectives

Upon completion of this knowledge-based program, participants should be better able to:

- Differentiate normal and abnormal postpartum assessment findings in the new mother.
- Formulate a plan of care for assessment of perinatal depression.
- Examine the critical elements necessary to complete a thorough newborn assessment.
- Discuss strategies for supporting breastfeeding in the home.
- Implement culturally competent assessment strategies to address the diverse needs of postpartum mothers and infants, ensuring equitable care and support across varying socioeconomic, racial, and ethnic backgrounds.
- Identify strategies for increasing personal safety while performing a home assessment.



**Wake Forest University**  
**School of Medicine**

**NORTHWEST AHEC**  
PART OF NC AHEC

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### Agenda

#### Tuesday, September 9, 2025

- 8:30 am **Tech Check-In**
- 8:55 am **Welcome**
- 9 am **Postpartum Maternal Assessment in the Home Red Flags**  
**Angela Plott, MSN, RN**
- 10 am **Perinatal Depression Assessment in the Home**  
**Angela Plott, MSN, RN**
- 10:45 am **Break**
- 11 am **Newborn Assessment in the Home**  
**Angela Plott, MSN, RN**
- 12 pm **Lunch**
- 12:30 pm **Supporting Nutrition in the Home**  
**Georganna Cogburn, MSHE, RD, LDN, IBCLC, RLC**
- 1:30 pm **Break**
- 1:40 pm **Personal Safety When Visiting**  
**Facilitated Discussion**  
**Stephanie Yoder, MSN, RN**
- 2:15 pm **Adjourn**

### Faculty

#### **Georganna Cogburn, MSHE, RD, LDN, IBCLC, RLC**

Regional Lactation Trainer  
MAHEC Regional Services

#### **Angela P. Plott, MSN, RN**

Course Coordinator  
Rowan-Cabarrus Community College

#### **Stephanie Yoder, MSN, RN**

Nurse Educator  
Northwest AHEC

### Registration Fee

**\$85 – Individual**

**\$75 – Groups of three or more, registering together**

**Register and pay online** at [nwahec.org/75325](http://nwahec.org/75325) or complete and return the attached registration form. Payment by credit card (Visa, MasterCard, Discover Card and American Express) or Atrium Health Wake Forest Baptist internal transfer accepted online. Personal check, corporate check, money order, accepted by mail.

#### **Payment Policy:**

Payment is required on or before entrance into any Northwest AHEC activity. If a corporate payment has not been received prior to the activity start date, you will be required to provide a personal credit card or check. If the corporate payment has not been received two weeks post activity, your personal credit card or check will be charged or cashed. To avoid personal payment, you should check with the financial staff at your organization to determine status of payment.

#### **Refund Policy:**

Cancellations received in our office at least two weeks (14 business days) before the activity will receive a 100 percent refund. Registrants cancelling between two weeks and five full business days prior to the first day of the event will be refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee. The registration fee will not be refunded if a cancellation is received less than five days before the activity. Cancellations must be in writing (email). You may send a substitute in your place.

Note—If you have not received confirmation of your registration 24 hours before the program date, please call Jasmine Mickens at 336-713-7757 or email [jmickens@wakehealth.edu](mailto:jmickens@wakehealth.edu) to verify the status of your registration.

Attendance at this activity grants permission for Northwest AHEC to use any photographs, audio, video, or other images from this activity for promotional or educational purposes. Please notify a Northwest AHEC staff member if you have concerns.

### For More Information and Assistance

If you have any questions regarding registration, please contact Jasmine Mickens by email, [jmickens@wakehealth.edu](mailto:jmickens@wakehealth.edu) or by phone at 336-713-7757. Any requests for special services or auxiliary aids should be made to Jasmine Mickens at least five days prior to the activity.

# After Discharge: Maternal and Infant Assessment in the Home

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Register online at [www.nwahec.org/75325](http://www.nwahec.org/75325) or use the form below

## Registration Form

- \$85—Individual  
 \$75—Groups of 3 or more  
registering together.

Please select request for credit:  
(See Credit section of brochure for details.)

- Contact Hours  
 Nursing Contact Hours

Last 4 digits of Primary Phone Number:     \* required

First Name MI Last Degrees (e.g., MD)

Profession Job Title

Home Address City State Zip County

Home Phone Cell Phone

Employer

Employer Address City State Zip County

Employer Phone Employer Fax

### Email required:

- Preferred Email  Home Email  Work Email

By providing your fax number, email address and telephone number, you have granted permission for us to contact you via the numbers and address indicated.

### Ways to Register:

- ▶ **Register online** by clicking the following link: [www.nwahec.org/75325](http://www.nwahec.org/75325) (recommended)  
Visa, MasterCard, Discover Card and American Express accepted online only.  
Payment by check option also available.

- Make check payable** to Wake Forest University Health Sciences and mail with registration form to:  
Wake Forest University School of Medicine / NW AHEC  
Medical Center Boulevard, Winston-Salem, NC 27157-3311  
Attention: Jasmine Mickens

- Atrium Health Wake Forest Baptist Internal Transfer:**

----- Project # -----

Comp Op Unit Cost Ctr Nat Acct Program Fund

- Employer will make payment.** Supervisor completes below and emails to [jmickens@wakehealth.edu](mailto:jmickens@wakehealth.edu)

Supervisor's Name (Printed)

Signature

Phone

By signing, I am certifying that agency payment will follow. If you have a balance due and do not attend or send a substitute, you will be invoiced for the full program fee.