

Arts & Medicine: Come Out of the Shower

Thursday, May 15, 2025

In – Person

Choose your Time and Location!

12 pm – 12:50 pm – Gray Building
Medical School Board Room

Enter this room through the Carpenter Library

or

6 pm – 6:50 pm – UNCSA School of Music Complex
Room 167

1533 S. Main Street, Winston-Salem, NC

Program Overview

This class will encourage participants to “come out of the shower” and sing in front of their peers, no matter their level of experience. Janine Hawley and Luke Payne, faculty members at UNCSA, will guide participants safely through this exciting, if somewhat daunting, experience. After performing a song for the class, Janine and Luke will begin the lesson with a bit of technique, introducing students to exercises for breath management, resonance, and articulation, all helping them understand and connect with the vocal mechanism. Next, working in pairs or trios, participants will learn the song in sections, making special note of the element of collaboration between the singer and guitarist. Moving beyond technique, students will learn to connect with the storytelling aspect of singing, conveying the meaning and emotion embodied in both the text and the music. The hour will conclude with the students performing for each other.

By participating in this arts-based course learners are expected to improve their communication, empathy, collaboration, and teamwork skills. They will develop a greater sense of cultural humility, enabling them to engage with patients and colleagues in ways that respect cultural, social, and individual differences. These changes will ultimately lead to more inclusive, equitable healthcare environments and better patient outcomes.

Who Should Participate

This activity is designed for physicians, nurse practitioners, APPs, nurses, and other healthcare professionals interested in exploring empathy and communication through art.

As part of our commitment to creating a space where all BELONG, Northwest AHEC provides education and encouragement for respectful care for all, regardless of socioeconomic status, race, ethnicity, language, nationality, sex, gender identity, sexual orientation, religion, geography, disability, and age.

Registration

\$30 – Registration Fee

Participants can choose which location they would like to attend.

Registration fee includes instructional, administrative costs, certificate of completion and program materials.

Register and pay online at northwestahec.org. Payment by credit card (Visa, MasterCard, American Express, Discover) is accepted online. Cash, money order, personal check, corporate check or Atrium Health Wake Forest Baptist internal transfer is accepted in person or by mail.

Provided by:

University of North Carolina School of the Arts and Northwest Area Health Education Center (AHEC), a program of Wake Forest University School of Medicine and part of the NC AHEC System.

Series:

May 6 - [Check Your Pulse and Find Your Groove](#)

May 12 - [So, You Want to be a Conductor?](#)

May 14 - [Art and Empathy](#)

Register online at www.nwahec.org/75364



Janine Hawley
UNC School of the
Arts

Image courtesy of
Janine Hawley



Luke Payne
UNC School of the
Arts

Image courtesy of
Luke Payne

Faculty

Mezzo-soprano Janine Hawley has achieved accolades for her solo performances with opera companies throughout the country receiving great critiques that praise her lush quality, dark timbre, technical facility and charming stage presence. Concert performances are an equally important aspect of Ms. Hawley's artistry and she has worked with symphonies across the nation and in such concert venues as Lincoln Center, the Kennedy Center and Carnegie Hall. Ms. Hawley is currently Professor of Voice and Assistant Dean in the School of Drama at UNCSA and directs the High School Voice Program at Brevard Music Center in Brevard, NC.

Luke Payne is a guitarist, songwriter and music educator based in Winston Salem, North Carolina. He maintains a very active performing schedule as a featured member of the Siren Series, a vocal jazz ensemble with a community outreach mission, and Ears To The Ground, an eclectic band that covers a wide range of popular music styles. He teaches guitar from his home studio and at UNCSA.

Objectives

Upon completion of this activity, participants should be able to:

- Recognize how the instructors fostered a supportive and safe environment that encourages healthcare providers to step out of their comfort zones, promoting personal growth and emotional resilience.
- Understand how embracing this vulnerability can enhance emotional resilience and improve interpersonal communication in healthcare setting.
- Identify the positive and negative aspects of collaborative performance, recognizing how teamwork and communication in a group setting can impact patient care and enhance professional relationships in healthcare.
- Identify and discuss how music can transform the environment, recognizing its potential to enhance emotional connections, improve patient interactions, and foster a positive atmosphere in healthcare settings.

Credit

- Accreditation: The Wake Forest University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit: The Wake Forest University School of Medicine designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit™.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

- 1.0 Contact Hour from Northwest AHEC

Nurses: This educational activity (1.0 contact hour) can be applied toward your continuing competence plan for maintaining your current licensure with the North Carolina Board of Nursing.

Before selecting credits, please review our general [Credit Glossary](#) but note not all programs offer all credits.

For additional information contact Samantha Garvens at 336-713-7754 or sagarvens@wakehealth.edu



Wake Forest University
School of Medicine

NORTHWEST AHEC
PART OF NC AHEC

UNIVERSITY OF NORTH CAROLINA
SCHOOL OF THE ARTS